

"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

JANUARY 5, 1999 Volume 52 No. 26

#### SEQUOIA CLUB

#### **TODAY**

January 5: We will be guests of , and hold our meeting on the *Brownlee*, the Institute's new classroom ship at the MARINE SCIENCE INSTITUTE.

#### LOOKING AHEAD

January 12: A program of Ice Breakers, always full of interest and surprises.

January 19: Committee breakout sessions.

January 26: Susan Munzel, Principal of Redwood High School.

#### LAST TWO WEEKS

On December 22, Pres. Fred called the meeting to order; PDG Bill, led us in singing *America* and *Smiles*; Past Pres. Bob Dooley led the pledge; the invocation was given by Mel Anisman; Ida Know was the very secret greeter; Our fine/recognition master, Mike Ryan (again), did an outstanding job of fund raising with alphabetical firsts.

On December 29, we met for a Champagne celebration of the coming penultimate year of the current millennium. PDG Bill started us off with a soprano pitch of *Old Lang Syne*, however, he corrected the pitch to baritone for *Smiles*. Past Pres. Bill Bergler led the Pledge and our Reverend

in residence Mike Ryan gave a stirring invocation.

#### **ANNOUNCEMENTS**

January 21: Peninsula Rotary Council meeting.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

PAUL HARRIS FELLOW: Pres. Fred announced that the District will match any one's first \$200 donation towards their becoming a PHF of the Rotary Foundation. What a great way to obtain this desired recognition. Just think, you may become a Fellow for \$800 with District 5150 matching your first \$200.

SUPER BOWL RAFFLE: Pres. 2B Jerry Mertens may still have some chances to win a trip to the Super Bowl to watch the 49ers win their record setting fifth championship. See Jerry for details.

#### SERVICE ABOVE SELF

This is another one of Rotary's two mottoes. Members participate in the Four Avenues of Service. We serve our employers, clients and even our competitive colleagues. We serve our club and its members, our local community, and we serve the international community word wide.

THE FOLLOWING IS REPRINTED IN CASE YOU WERE AWAY FOR THE HOLLIDAYS

#### CHRISTMAS 1998 A MESSAGE FROM THE PRESIDENT

As we approach Christmas and the Holiday Season the end of the year is just around the corner. I would like to take this opportunity to thank each of you for the support you have given me over the last few months and for the time and effort you have put forth on behalf of our Rotary Club. We each have much to be thankful for. Rotary provides us with many avenues to be of service to others. The time you have given has made a real impact on the lives of those we have helped. When we work together there is much we can accomplish.

Special recognition is due the following members for service, etc. in December:

#### Our Bell Ringers:

Orley Anderson, Tom Delfs, John Lowe, Bill Bergler, Bob Rutherford, and Bill Nicolet.

#### Fair Oaks Cooks and Servers:

Bob Doss, Jackie Houle, Bill Conklin, Bob Rutherford, Pete Hughes, Dani Devincenzi, Hal Hads, Norm and Noreen Fenton, Michael Clarke, Tom and Catherine Delfs,

#### South American Relief:

John Lowe and most of our club members who contributed.

#### Club Christmas Party:

Jackie Houle who put it all together.

#### 49er Tail Gaters:

Jerry Mertins (who made it all possible), Michael Clarke, Don and Nancy Hack, Bill and Trudy Bergler, Orley Anderson, Pete and Ginney Hughes.

#### Our New Members (Sponsors):

Major Hal Hads (Fred Strathdee) and Melanie Morey (Dani Devincenzi).

#### Programs, Finemasters, and Music Directorings:

Linda Schmidt, Mike (Congrats are due) Ryan, and William (Just call me Bill) Conklin, esq.

#### Returnees From Injured Reserve:

Barbara Egigian and Claudia Keys.

#### Returnee From Foreign Duty:

Judy Cooper.

#### New Committee Chairpeoples:

Bob Boland (International) and Orley Anderson (Youth)

Our Club is only as great as we make it. During the next few months I would again ask for your continued support and full participation in our upcoming meetings, projects and events.

I wish each of you the Merriest of Christmases, the Happiest of Holidays, and the Greatest of New Years.

†	Anderson, Orley H Paint Industry, Consultant	11/88
	Anisman, Melvin (Mel) - Real Estate, Invest Manage.	3/84
	Armstrong, Msgr. Peter G. (Pete) - Honorary	1/80
*	Azem, Rosemary - Travel Agent	4/91
+*	Bergler, Harold Wm. (Bill) SA (Funeral Direct)	9/68
	Boland, Robert A. (Bob) - Law Practice, Real Property	4/87
+*	Bostwick, Dr. Alan M. (Alan) - SA (Adult Ed.)	10/52
	Clarke, Michael - Gourmet Foods	1/96
†*O	Conklin, William (Bill) - SA (Law, Business)	5/78
*	Cooper, Judith (Judy) - Facilities Management	3/92
+*	Dafnis, Sam V. (Sam) SA (Building Maintenance)	4/81*
+	Delfs, Thomas E. (Tom) - Property Investments	9/87
	Devincenzi, Daniela (Dani) - Bank Marketing	10/90
†	Dodge, Richard A. (Dick) SA (Office Supplies)	11/78
- 6	Dombek, Joe - Investment Broker	6/92
†*	Dooley, Robert E. (Bob) - SA (Finan Planning)	12/74
	Doss, Robert (Bob) - Dental Lab	7/92
+*	Durkin, Dennis J Law, General Practice	10/84
	Durkin, Robert W. (Bob) - Honorary	9/70
	Ebner, Carol - Lumber Yard Management	6/95
	Egigian, Barbara-YMCA	4/98
	Fabbro, Frank J Real Estate Appraiser	2/95
	Fenton, Dr. Norman R. (Norm) - Physician, Gyn.	4/89
	Giari, Mike - Port Management	3/96
	Hack, Donald (Don) SA (Paving)	9/78
	Hads, Hal - Social Ministries	10/98
†	Haga, Roland N.V Engineering, Civil	2/86
†	Hodgson, Peter (Pete) General Contractor	1/84
	Horsley, Don - Law Enforcement, Sheriff	5/85
-212	Houle, Jacqueline A Preventive Health Care	5/96
<b>†</b> *	Hughes, Peter I. (Pete) SA (Plastics Fabrication)	5/73
	Ira, Jeff - CPA	2/96
	Keys, Claudia - Foundation Director	8/95
	Langley, Ann Ph.D. Marriage Family Therapist	2/97
	Lowe, John Financial Consultant	11/96
4	McEvoy, John - Development Director	10/96
†	Mertens, Jerry W. SA (Chemicals, Wholesale)	4/80
†*	Mikulic, Dr. Stephen A. (Mik) - Dentistry	7/86
	Mitchell, Delbert (Del) - SA (Shoe Retailing)	3/55
†	Morey, Melanie - Nonprofit-Youth Services Newell, James W. (Jim) - SA (CPA)	10/98
1	Nicolet, William E. (Bill) - Mechanical Engineer	2/65
+*	Parcell, Frank C., Jr SA (Air Conditioning)	2/97
1	Raddavero, Mario - Food Services, Catering	4/63*
+*	Roos, Dr. Gregory M. (Greg) Dentistry, Add. Active	7/87 4/89
1	Rosenwasser, Marie - Education	
+*	Rutherford, Robert E. (Bob) - SA (Marine Ecology	1/96 6/76
1	Ryan, Michael R. (Rhino) - Religion, Covenant	11/89
	Schmidt, Linda A Banking, Loans	11/89
+*	Schricker, David E. (Dave) - SA (Muni. Govt, Law)	9/68
	Schutz, David N. (Dave) - Honorary	4/46
*	Souza, Joseph (Joe) - Honorary	5/68
	Strathdee, Frederick R. (Fred) SA (Architecture)	10/81
†	Summey, Lemuel (Lem) - SA (County Gvmt, Law)	5/73
4	Thompson, Guy - Automobile	2/86
	Thompson, Thomas (Tom) - Const Mktg.	10/98
	Young, Dr. Paul L Honorary	6/65

MONDAY

BELMONT-Van's Restaurant, Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15 BURLINGAME-Holiday Inn Crown Plaza 12:15

TUESDAY

WEDNESDAY

S.F. MISSION-Double Play Restaurant 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Marines Memorial 12:00
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Mel Mello Center for Arts 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-Sharp Park Restaurant, SP Golf Club 7:15 am
STANFORD AREA-Mac's Tea Room Los Altos) 7:15 pm

CUPERTINO-Quinlan City Center 12:15 DALY CITY-Hungry Hunter 12:15 S.F. WEST-Lakeside Cafe 7:30 am FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Menlo Park Rec Ctr. 12:00
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THURSDAY

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SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15
WOODSIDE-Guild Hall, Woodside Church 7:30 am

For other make-up opportunities see Jackie Houle

#### ROTARY CLUB OF REDWOOD CITY

Officers for 1998-99

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President Elect
Judy Cooper

Past President

Jackie Houle Secretary Linda Schmidt Treasurer Jackie Houle Robert Boland Carol Ebner

Term expires 6/30/00

Pete Hughesson Joe Dombek Linda Schmidt

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Claudia Keys Ann Langley

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Steve Machtinger
DISTRICT GOVERNOR'S REPRESENTATIVE

JAMES LACY
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ROTARY CLUB OF REDWOOD CITY P.O. Box 2605 Redwood City, CA 94064



### ROTARY SPOKE

### ROTARY CLUB OF REDWOOD CITY CALIFORNIA

"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

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JANUARY ₹, 1999 Volume 52 No. 26

#### **TODAY**

A program of Ice Breakers, always full of interest and surprises.

#### **LOOKING AHEAD**

January 19: Committee breakout sessions.

January 26: Susan Munzel, Principal of Redwood High School.

#### LAST WEEK

Aboard the *Brownlee* at Marine Science Institute, Pres. Fred called the meeting to order; PDG Bill, led us in singing *My Country 'tis of Thee* and *Smiles*; Orley Anderson led the pledge; the invocation was given by Tom Delfs.

Past Pres. Bob Rutherford, President Emeritus and Chairman of the Board of Marine Science Institute welcomed us aboard. It is rumored that Pres. Fred was piped on board by a boson in full regalia and regulation boson's pipe.

We dispensed with the formalities of a recognition session. Visiting Rotarians and guests were introduced, however.

Bob Rutherford told us of the history of the Institute and how the *Brownlee* came to be built. He introduced John Cristich, a long time friend of us all and told of John's dedication and effort in the

#### SEQUOIA CLUB

building of the ship. John knows more about boats and marine design than most marine architects.

John was made a Paul Harris Fellow by the Rutherford family. District Foundation Chairman Fred West (Belmont Rotary Past Pres.) did the honor of placing the PHF pin on John's chest.

Box lunches and a tour of the *Brownlee* concluded the meeting.

#### **ANNOUNCEMENTS**

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April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

PAUL HARRIS FELLOW: Pres. Fred announced that the District will match any one's first \$200 donation towards their becoming a PHF of the Rotary Foundation. What a great way to obtain this desired recognition. Just think, you may become a Fellow for \$800 with District 5150 matching your first \$200.

SUPER BOWL RAFFLE: Pres. 2B Jerry Mertens may still have some chances to win a trip to the Super Bowl to watch the Vikings win their first Super Bowl.. See Jerry for details.

#### 5170, OUR SISTER DISTRICT TO THE SOUTH ENHANCES POLIO PLUS CAMPAIGN

### U.S. district focuses its PolioPlus efforts on Ghana

When Ghana holds national immunization days (NIDs) against polio in November and December, 75,000 health workers and volunteers will be needed to reach all children under age 5 in the West African country. Among the volunteers will be a contingent of U.S. Rotarians who began working months earlier to help ensure the success of Ghana's NIDs.

In May 1998, District 5170 (California, U.S.A) broke new ground by vowing to support NIDs in the country of 18 million through Rotary's PolioPlus Partners program.

"Many new members of Rotary didn't feel a part of PolioPlus," explained Jim Walker, 1997-98 chairman of District 5170's Rotary Foundation Committee. "PolioPlus Partners enabled our district Rotarians to partner in the polio eradication efforts with Rotarians in Ghana, a polio-endemic country."

As part of the initiative, District 5170 Rotarians became educated about PolioPlus through club newsletters and special programs. They were also shown "Goodbye Polio: Thanks Rotary," a video in which Gayle Tully, a past president of the Rotary Club of Castro Valley who helped immunize children during Ethiopia's 1997 NIDs, urged her District 5170 peers to embrace the Ghana project.

Through donations and fund-raising efforts, more than US\$100,000 was raised during May and June 1998. Matching district *SHARE* funds were added to the total, which was then doubled by Rotary Foundation Matching Grants, resulting in more than US\$400,000 to provide Ghana with "tools of immunization," such as insulated vaccine carriers and clothing to identify health workers.

"The effort by Ghanaian Rotarians to 'Kick Polio Out of Ghana' and out of Africa could not be realized without PolioPlus Partners," said Sam Okudzeto, a member of the Sub-Saharan Africa Regional PolioPlus Committee from Ghana. "It is good to realize that Ghana has District 5170 as a friend."

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JANUARY19, 1999 Volume 52 No. 28

SEQUOIA CLUB

#### **TODAY**

Committee breakout session where the good work is planned, implemented and critiqued

#### **LOOKING AHEAD**

January 26: Susana Munzel, Principal of Redwood High School.

February 2: Hank Zoeller will tell us all there is to know about starting up a new company.

February 9: John Kelley will bring us up to date on the good works of Samaritan House.

February 16: Our monthly breakout session.

February 23: Henry Ritter, MD, a former member, always informative and entertaining, will give a talk entitled "What's Up: After Viagra" - and "Preventing Prostate Cancer."

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing God Bless America and Smiles; Frank Parcell led the pledge; the invocation was given by Roland Haga. Pat Sejack (Michael Clarke) and Vanna White (PP Judy Cooper) gave us a "Down Under" rendition of The Wheel of Fortune, Rotary

style. The prizes were not nearly as generous as the nightly TV show on Channel 7 at 7:30, but the entertainment was hilarious.

The meeting finally settled down to a program of Ice Breakers. Barbara Egigian broke the ice, so to speak, by telling us she was born in San Francisco. She lives in South City now with her husband, a SF police officer, and her one child. Barbara is working for the RWC Police Department's PAL (Police Athletic League) writing grant proposals.

Hal Hads was the ultimate speaker of the day telling us about the Salvation Army and his role as a new Major and commander of the Redwood City division. Hal is an ordained minister and directs a huge operation of services from the Army's new headquarters across Broadway from the Sequoia Club. Hal's insight into the workings of the Salvation Army was an enlightenment to all but Pres. Fred who grew up in an Army family.

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### FRANK DEVLIN, IRISH-MEXICAN NOMINATED FOR PRESIDENT OF ROTARY

Nominated for president — Frank J.
Devlyn of the Rotary Club of Anáhuac,
D.F., Mexico, is the choice of the RI
Nominating Committee to be president of Rotary International in 20002001. He will become the official nominee on 1 December if his candidacy is unchallenged. Devlyn is president and chief executive officer of Devlyn Optical Group of Mexico — retailers, distributors and manufacturers of optical products. A past RI director and Rotary Foundation trustee, he currently serves



as chairman of the 2000 Buenos Aires Convention Committee, a member of RI's Dream for the Future Committee and PolioPlus national advocacy advisor for Mexico.

#### Rotary firmly rooted in Central/Eastern Europe

Almost a decade after the chartering of the first Rotary clubs in the former Soviet bloc in 1989, Rotary has taken root throughout the region. Today, 20 of the 29 newly independent states boast Rotary clubs, the latest being Moldova, where the Rotary Club of Chisinau was admitted to Rotary International on 30 April. The number of Rotary clubs in the region, including the former German Democratic Republic (East Germany), surpasses 380.

The strength of Rotary is evident in countries where Rotary clubs flourished in the years before the Second World War, such as Poland, the Czech Republic, Romania, and Lithuania. But the spread of Rotary throughout countries such as Russia and Ukraine, which had no history of Rotary before the 1990s, also has been impressive.

Central and Eastern Europeans say that Rotary's impact is felt throughout the region by promoting new ways of thinking and bolstering democratic institutions. A charter member of the Chisinau club said his club's admittance into RI was "an important step forward in the march toward an open civil society where people are able to make their dreams a reality."

Perhaps the most tangible

evidence of Rotary's presence is its role in service, still a novel concept in many former socialist states. Rotary clubs in the region have assessed and addressed community needs with a whopping 130 service projects, among them caring for orphans and disabled children, equipping hospitals, repairing schools, and establishing drug-prevention and environmental programs.

Many Rotary clubs in Central/Eastern Europe would welcome international partners or contact clubs. A list of their service projects is available from the RI Europe/Africa service center in Zurich, Switzerland.

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#### SEQUOIA CLUB

#### **TODAY**

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Pres. Fred called the meeting to order; PDG Bill, led us in singing *America* and *Smiles*; Barbara Egigian led the pledge; the invocation was given by John McEvoy. Past Pres. Dennis Durkin, taking a cue from Pat Sejack and Vanna White, last week's recognition masters, initiated a session of Jeopardy. In true Alex Trabeck fashion he was merciless about accuracy and fined everyone.

The meeting moved into breakout sessions. The activity of the Rotary Club of Redwood City is astounding. Every Avenue of Service is represented and enthusiasm abounds.

#### **ANNOUNCEMENTS**

March 26/28: The San Mateo Rotary Clubs will again sponsor a Top Gear training program for high school juniors. This is patterned after the Rotary RYLA (Rotary Youth Leadership in Action) program. We have three such camps in our District 5150, perhaps more than any District in the world.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

Paul Harris Fellow candidates. If you have contributed about \$600, you can now finish your PHF by making a \$200 donation. The District is offering to match any gift of \$200 with another \$200. I you have \$600 already, do the math. If you are just starting, put up \$100, the club will match it with another \$100 and the District will match this total with another \$200. What a deal, you will be 40% of the way to a PHF for a 10% contribution.

February 23: The SF #2 club is hosting all of the SF counselor corps to a lunch. We are invited.

#### Development of future leaders more important than ever

As part of Rotary's emphasis on helping children this year, Rotarians will want to grab an opportunity to help shape the lives of future generations by taking an active role in the development of their leaders. RYLA offers that opportunity.

Since it became an official Rotary program in 1971, RYLA has assisted thousands of young people to develop leadership skills at camps, seminars, and workshops. Warwick Bateman, a Rotary International 1998-99 RYLA committee member who has participated in 17 RYLA courses in District 9680 in Australia, considers the program more relevant than ever.

"Pressure on youth is increasing," Bateman said. "Standards and values are being challenged from every corner. More than ever, young people need strong, effective leadership."

The RI RYLA committee has planned a number of regional meetings for this year that will give District RYLA chairpersons and other interested Rotarians the chance to meet and share ideas. Districts that don't currently have active RYLA programs are also encouraged to send representatives to learn about the rewards of organizing a RYLA event.



Team-building exercises, such as this one conducted in a swimming pool by young people in Australia, are typical of a RYLA program.

A recent survey of the results of District 9680's RYLA effort found that, within three months of finishing the workshop, 84 participants had assumed various leadership positions that gave them the opportunity to influence more than 9,000 young people. And, according to Bateman, the effect is lasting. The program helps Rotary forge bonds with young people, and the benefits are passed on to more young people.

"To see just how many of today's Rotary club officeholders have passed through RYLA, to see so

many who have made a name for themselves, gives a real sense of meaning to the project," he said. "But perhaps the greatest satisfaction is to see how many of these past RYLArians are still involved in leading and nurturing our youth of today."

#### Focus on RYLA

At its July meeting, the RI Board of Directors endorsed measures to increase awareness of RYLA's aims and methods, including:

- Emphasizing that RYLA programs can be targeted to limited age groups, such as 14- to 18-year-olds or 19- to 30-year-olds, so that varying needs and maturity levels can be addressed adequately.
- Encouraging clubs and districts to expand their lists of RYLA invitees to include economically and socially disadvantaged youth with leadership potential.
- Publicizing the diverse array of RYLA events that take place each year at the club, multi-club, district, multi-district, and international levels.
- Expanding the goals of the RYLA program to include personal development along with development of leadership and citizenship skills.

#### RotaFact

In 1997-98 more than 25,000 youth attended RYLA events worldwide.

MONDAY

BELMONT-Van's Restaurant, Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15

BURLINGAME-Holiday Inn Crown Plaza 12:15

S.F. MISSION-Double Play Restaurant 7:30 am PENINSULA SUNRISE-Pete's Harbor 7:30 am MILLBRAE-Green Hills Country Club 12:15 MOUNTAIN VIEW-Florentine Restaurant 12:15 LOS GATOS-Villa Felise Restaurant 12:15 SAN FRANCISCO-Marines Memorial 12:00 SUNNYVALE-Holiday Inn 12:15 HALF MOON BAY-Mel Mello Center for Arts 12:15 MILL VALLEY-Mill Valley Golf Club 12:15 PACIFIC-Sharp Park Restaurant, SP Golf Club 7:15 am STANFORD AREA-Mac's Tea Room Los Altos) 7:15 pm WEDNESDAY

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For other make-up opportunities see Jackie Houle

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FRED STATHDEE

President

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Jackie Houle Secretary Linda Schmidt Treasurer

Sergeant At Arms: By Committee

**MARY JANNEY** GOVERNOR, DISTRICT 5150 Term expires 6/30/00

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Bulletin Editor: Bill Conklin

**Board of Directors** 

Steve Machtinger

DISTRICT GOVERNOR'S REPRESENTATIVE

JAMES LACY PRESIDENT ROTARY INTERNATIONAL

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"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

FEBRUARY 2, 1999 Volume 52 No. 30

#### SEQUOIA CLUB

#### **TODAY**

Hank Zoeller will tell us all there is to know about starting up a new company.

#### LOOKING AHEAD

February 9: John Kelley will bring us up to date on the good works of Samaritan House.

February 16: Our monthly breakout session.

February 23: Henry Ritter, MD, a former member, always informative and entertaining, will give a talk entitled "What's Up: After Viagra" - and "Preventing Prostate Cancer."

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing You Are My Sunshine and Smiles; Past Pres. Alan Bostwick led the pledge; the invocation was given by Mike Ryan. Past Pres. (Shores) Don Horsley, taking a cue from Dennis Durkin, last week's recognition masters, initiated a session of Jeopardy with golf as the subject.

Our speaker was Susana Munzel, principal of Redwood High School, the continuation school of the Sequoia High School District. The District consists of four large high schools and little Redwood. The student body is as diverse as the community it serves. This diversity is evident in the culture, skill, ethnicity and economics of the students.

Susana remarked as to how some students fall behind and are unable to catch up. Some lack parental support, some have illness or trauma. For whatever reason, Redwood meets the need by providing a continuing education on an extended term basis. Susana tries to put the students on a track for success. One general deficiency in all of the students is a lack of self esteem. Susana said that some are fatalistic about their prospects. She tries to offer respect to some who have never had it. She hopes to instill a feeling of "belief in self" to each of her charges.

#### **ANNOUNCEMENTS**

March 26/28: The San Mateo Rotary Clubs will again sponsor a Top Gear training program for high school juniors. This is patterned after the Rotary RYLA (Rotary Youth Leadership in Action) program. We have three such camps in our District 5150, perhaps more than any District in the world.

This Saturday Feb.6, there will be a dedication of the Menlo Park Habitat for Humanity project that we so generously painted.

February 11: Sequoia Awards honoring Pete and Ginny Hughes.

#### Rotary Club of Redwood City Day (Night) at the Races!

Friday, March 5, 1999



#### at Bay Meadows Racecourse 2600 South Delaware in San Mateo

Post Time: 7:15 PM

#### Admission \$30

Admission includes:

- Parking
   Admission to the Turf Club
  - Buffet Race Program

#### Turf Club Dress

Smart Casual (Ties Optional for Gentlemen)

#### Tickets Available:

(9 to 5 Weekdays)

by February 23, 1999

### WENEED MORE STUFF.



SPONSORED BY T & H Lumber FOR THE BENEFIT OF

**Rotary Club of** Redwood City

SATURDAY, APRIL 3rd 9:00 AM to 3:00 PM

350 BLOMQUIST AVE. REDWOOD CITY

SPRING COMING! **IS YOUR** CLEANING DONE?

#### All Funds Benefit

- Cañada College Honor Society Student Scholarships
- · Family Connections Parent Co-op Pre-school

A Free Program Serving Low Income Families

Furniture • Lamps • Christmas stuff • Kitchenware • Clothing Appliances • Records/Tapes • Toys/Books • Dishes/Pots/Pans

3 Jery Asterd

YOU NAME IT, WE NEED IT!

**BRING YOUR GOOD STUFF TO:** T & H LUMBER - 350 BLOMQUIST AVE.

For information call: (650) 366-3732



#### MONDAY

WEDNESDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15
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For other make-up opportunities see Jackie Houle

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FEBRUARY 4, 1999 Volume 52 No. 30

SEQUOIA CLUB

#### **TODAY**

John Kelley will bring us up to date on the good works of Samaritan House.

#### LOOKING AHEAD

February 16: Our monthly breakout session.

February 23: Henry Ritter, MD, a former member, always informative and entertaining, will give a talk entitled "What's Up: After Viagra" - and "Preventing Prostate Cancer."

March2: Edward Feldman of Bay Meadows Racecourse will be our speaker. With the membership turning our for the Night at the Races, on March 5, this will be our opportunity to learn about horse racing in general and Bay Meadows in particular. This is an interesting resource right in our back yard.

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing *God Bless America* and Smiles; Frank Fabro led the pledge; the invocation was given by Past Pres. Bob Rutherford. Bob Boland provided levity as recognition/fine master.

Past Pres. Bill Bergler reported that the RWC Rotary Ski Team acquitted itself

admirably at the gathering of the Rotary Fellowship of Skiers at Whistler Mountain. More than 167 Rotarians from 22 countries participated. Next year the gathering will be at Tahoe.

Our speaker was Robin Holcomb the Director of Family Connections in East Palo Alto. This organization operates a parent participation day school. The emphasis is on the dual task of teaching pre-school children and in teaching their parents. Funding is provided by the Sequoia High School District Adult Education Program. Turns out our own Past Pres. Alan Bostwick initiated this program when he was director of Adult Ed an eon or two ago.

#### **ANNOUNCEMENTS**

March 26/28: The San Mateo Rotary Clubs will again sponsor a Top Gear training program for high school juniors. This is patterned after the Rotary RYLA (Rotary Youth Leadership in Action) program. We have three such camps in our District 5150, perhaps more than any District in the world.

February 11: Sequoia Awards honoring Pete and Ginny Hughes. See Pres. Fred for details and tickets.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

### WCS Resource Network will help expedite projects

Your club or district has rallied around a project with flying colors, collecting medical supplies to be sent abroad to people in desperate need of them. Just when you think the hours of planning and hard work have all come to a successful conclusion, you learn that the shipment is stuck in a port somewhere halfway around the world, and there's little you can do about it.

A movement is afoot to help Rotarians avoid such a scenario: the development of a World Community Service Resource Network. The goals of the network are to help Rotary clubs develop viable new WCS projects that maximize the use of Rotary International and Rotary Foundation resources and to assist Rotary clubs that encounter difficulties with projects in progress. It will tap into Rotary's most valuable resource: the expertise of its members.

A panel of "specialists"— Rotarians who have demonstrated proficiency in their international service work, particularly with projects involving the shipment of donated goods — gathered at RI Headquarters in June to begin developing the network, which will operate during a three-year pilot period in Argentina, Australia, Canada, England, Guatemala, Mexico, Philippines, Poland, and the United States.

The long-term goal is to identify Rotarians who can help with new or especially challenging WCS projects.

If you have considerable experience with international service projects involving the shipment of donated goods and feel you could contribute to the development of this network, please contact the International Support Section at RI World Headquarters.



Women check the results of their gynecological exams at a clinic set up by the Rotary Club of Ciudad Juarez Frontera, Mexico. The clinic needs donations of medicine and equipment to keep running. The WCS Resource Network will help expedite such donations.

#### MONDAY

BELMONT-Van's Restaurant, Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15
BURLINGAME-Holiday Inn Crown Plaza 12:15

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For other make-up opportunities see Jackie Houle

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CHARTERED APRIL 22, 1946 DISTRICT 5150

FEBRUARY 16, 1999 Volume 52 No. 32

#### SEQUOIA CLUB

#### **TODAY**

Our monthly breakout session, when the work planned, executed and evaluated.

#### LOOKING AHEAD

February 23: Henry Ritter, MD, a former member, always informative and entertaining, will give a talk entitled "What's Up: After Viagra" - and "Preventing Prostate Cancer."

March2: Edward Feldman of Bay Meadows Racecourse will be our speaker. With the membership turning our for the Night at the Races, on March 5, this will be our opportunity to learn about horse racing in general and Bay Meadows in particular. This is an interesting resource right in our back yard.

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing *America* and Smiles; Past Pres. Rosemary Azem led the pledge; the invocation was given by Past Pres. Steve Mikulic. Frank Fabro provided levity as recognition/fine master.

Past Pres. Judy Cooper reported that a meeting of the nominating committee of the most recent past presidents (Judy, Pete, Rosemary, Greg and Sam) had been conducted and that the nominee

for President Elect Elect was chosen. Judy then reported that the committee's nominee, Jackie Houle, had accepted the nomination. A motion to close nominations was made, seconded and unanimously adopted. Jackie was then elected by acclamation.

Our speaker was John Kelley, director of Samaritan House in San Mateo. John brought us up to date with a report that Samaritan House, the most privately funded agency in the County (92% of support from private funding) was doing well. It provides food, clothing and shelter to citizens down on their luck. Samaritan House also provides for children's education and has a free medical clinic.

#### **ANNOUNCEMENTS**

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Board meeting: Last Friday of the month at the Sequoia Hospital cafeteria.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.



#### Year of the Rabbit

#### Rotary Club of Fisherman's Wharf-San Francisco

#### presents

#### The 7th Annual Chinese New Year **Banquet and Auction** Thursday, March 4, 1999

WHERE: Empress of China, 838 Grant Avenue, San Francisco, CA

**PARKING:** Portsmouth Square

NO-HOST COCKTAILS: 5:30 p.m. - 6:30 p.m.

PROGRAM: 6:45 p.m. **DINNER:** 7:15 p.m.

Fax. 415 221-6977

RAFFLE AND AUCTION: 8:30 p.m.

PRICE: \$ 50.00 per person OR sponsor a table of ten for \$ 400.00

Your charitable contribution supports the Rotary Foundation scholars and other scholarship programs through our club's Charitable Trust, the Rotary club's community service, vocational service, and international service projects, and the Galileo Academy of Science & Technology's scholarship programs, various projects, and activities.



<del>]</del>				
<b>ある</b>	Please RSVP by February 25, 1999.	Yes, I would like individual reservations for persons.		
8	Name:			
3	Organization:	Yes, I would like a table for my group of		
ð	Address:	10 persons. I will be mailing or faxing you my		
Ø	City / State / Zip code:	guest list by March 1, 1999.		
මූ	Phone:			
g		Sorry, I am unable to attend but enclosed		
잃	Send with check payable to:	is my donation of \$ to help support the		
*	ROTARY CLUB OF FISHERMAN'S WHARF-	projects of the Rotary Club of Fisherman's		
×	SAN FRANCISCO	Wharf-San Francisco.		
Š				
ð	Mail to:	We welcome auction item donations. Please		
8	Paul Tour-Sarkissian	call Riki Intner at 415 392-2632 or Jan Misch at		
Ď	Tour-Sarkissian Law Offices	415 561-1100.		
Š	211 Gough Street, Third Floor			
9	San Francisco, CA 94102	All tickets will be held at the door.		
9	Tel. 415 626-7744	For further information, call Lorna Dietz		
n	Fav 415 221-6077	at 415 989-2522 x 261		

<del>(0)</del>

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BELMONT-Van's Restaurant, Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15 BURLINGAME-Holiday Inn Crown Plaza 12:15

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For other make-up opportunities see Jackie Houle

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FEBRUARY 23, 1999 Volume 52 No. 33

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#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing My Country 'tis of Thee and Smiles; Past Pres. Bob Dooley led the pledge; the invocation was given by Past Pres. Pete Hughes. Pres. Fred provided created chaos as recognition/fine master. Fred conducted a Q&A session with the idea that the table with the fewest answers would be fined the heaviest. As it turned out the table with the most correct answers was the only one to confess and accurate tally. End result was everyone paid for the privilege of participating.

The meeting then proceeded to the formation of breakout sessions. The committees were busy with planning and implementing.

#### **ANNOUNCEMENTS**

March 15: Peninsula Sunrise Rotary Club will host its annual St. Patrick's Day dinner and auction at the Veterans Memorial Center, 1455 Madison Avenue. The grand prize is a trip for two to Ireland.

March 26/28: The San Mateo County Rotary Clubs will again sponsor a Top Gear training program for high school juniors. This is patterned after the Rotary RYLA (Rotary Youth Leadership in Action) program. We have three such camps in our District 5150, perhaps more than any District in the world.

Board meeting: Last Friday of the month at the Sequoia Hospital cafeteria.

March 30: District Assembly at the Baptist Seminary, Mill Valley.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

April 23: District Conference at the Monterey Doubletree Hotel. This is always a great event and a celebration of our past year in Rotary.

#### **ROTARY DISTRICT ASSEMBLY 1999**

Saturday, March 20, 1999 8:30 - 1:00 P.M. Golden Gate Baptist Theological Union Mill Valley, California

#### First Breakout Sessions

Presidents Elect
Secretary
Treasurer
Rotary Foundation
Membership Development
International Service
Community Service
3-H Ukraine Project
Club Service
Fundraisers

Rotary Club:

President-Elect:

Address:

Telephone:

Fax:

Second Breakout Session

Presidents Elect
Polio Plus Partners
Publicity & Promotion
Rotaplast
Rotaract/ Interact
Community Service
Vocational Service
Club Service
and more!

Special Guest Speaker
AL FRUMKIN

Mail your Club's completed Registration form with checks (for \$25.00 per person) made payable to ROTARY DISTRICT 5150 to:

Peter C. Lagarias
The Legal Solutions Group, L.L.P.
1629 Fifth Avenue
San Rafael, CA 94901-1828

Telephone: (415) 460-0100

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JAMES LACY
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY P.O. Box 2605 Redwood City, CA 94064



#### ROTARY SPOKE

### ROTARY CLUB OF REDWOOD CITY CALIFORNIA

"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

MARCH 2, 1999

Volume 52 No. 34

SEQUOIA CLUB

#### **TODAY**

Edward Feldman of Bay Meadows Racecourse will be our speaker. With the membership turning our for the Night at the Races, on March 5, this will be our opportunity to learn about horse racing in general and Bay Meadows in particular. This is an interesting resource right in our back yard.

#### **LOOKING AHEAD**

March 9: Jerry Breen of Source One Pure Water will tell us the benefits of home and office direct delivery of pure water.

March 16: Celebration of the *Spoke* editor's birthday with breakout sessions of our committees.

March 23: (tentative) Bob Kendal to tell us about catalytic combustion to generate clean power.

March 30: Dr. Prendergrass on the newly discovered Nitric Oxide Channel and our health.

April 6: PDG Sid's birthday, celebration with the topic being about the Project Amigo orphanage in Colima Mexico sponsored by Rotary.

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing *God Bless* 

America and Smiles; new-old Rotarian Oscar Orozco led the pledge; the invocation was given by Past Pres. Rosemary Azem; Past Pres. Bob Rutherford became compassionate as recognition/fine master, only extracting \$2 per person regardless of the number of times acknowledged.

We then proceeded to the pleasant task of induction of new members. Oscar Orozco and John Santilena were presented by their sponsors, Bob Rutherford and Jim Newell. Pres. Fred then duly incorporated the newest Rotarians into our ranks.

The program was given by past member Henry Ritter, MD. Henry's discussion was frank and informative. He told us of the realities of prostate and bladder cancer; the risks of smoking; the discovery of Viagra; the benefits of exercise; and the need for proper nutrition.

#### **ANNOUNCEMENTS**

March 15: Peninsula Sunrise Rotary Club will host its annual St. Patrick's Day dinner and auction at the Veterans Memorial Center, 1455 Madison Avenue. The grand prize is a trip for two to Ireland.

Bostwick Scholarship Fund: Rudy Helen of Belmont Rotary donated \$1,000. Let's try to match this in our club.

#### Rotary Club of Redwood City Day (Night) at the Races!

Friday, March 5, 1999



#### at Bay Meadows Racecourse 2600 South Delaware in San Mateo

Post Time: 7:15 PM

#### Admission \$30

Admission includes:

- Parking
   Admission to the Turf Club
  - Buffet Race Program

#### Turf Club Dress

Smart Casual

(Ties Optional for Gentlemen)

#### Tickets Available:

(9 to 5 Weekdays)

by February 23, 1999

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15

BURLINGAME-Holiday Inn Crown Plaza 12:15

TUESDAY

WEDNESDAY

S.F. MISSION-Double Play Restaurant 7:30 am PENINSULA SUNRISE-Pete's Harbor 7:30 am MILLBRAE-Green Hills Country Club 12:15 MOUNTAIN VIEW-Florentine Restaurant 12:15 LOS GATOS-Villa Felise Restaurant 12:15 SAN FRANCISCO-Marines Memorial 12:00 SUNNYVALE-Holiday Inn 12:15 HALF MOON BAY-Mel Mello Center for Arts 12:15 MILL VALLEY-Mill Valley Golf Club 12:15 PACIFIC-Sharp Park Restaurant, SP Golf Club 7:15 am STANFORD AREA-Mac's Tea Room Los Altos) 7:15 pm

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SARATOGA-Community Center 12:00

SANTA CLARA N.-Days Inn/Great America Pkwy 12:00 TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15 WOODSIDE-Guild Hall, Woodside Church 7:30 am

For other make-up opportunities see Jackie Houle

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Pres. Fred called the meeting to order; PDG Bill, led us in singing *America* and Smiles; Past Pres. Dennis Durkin led the pledge; the invocation was given by John McEvoy; Past Pres. Tom Delfs delftly acted as recognition/fine master, only extracting \$5 per person for bogus (bogy) daffynitions about golf.

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Gibson was presented by his sponsor, Linda Schmidt. Pres. Fred then duly incorporated this newest of Rotarians into our ranks.

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Racecourse was be our speaker. With
the membership turning our for the
Night at the Races, on March 5, this was
our opportunity to learn about horse
racing in general and Bay Meadows in
particular. Ed told us the hisrory of the
ownership of the track and of the
development some of the land is
undergoing. Ownership of race horses is
not for the feint of heart. It costs about
\$2,000+ per month to keep a horse and
that doesn't count entry fees. The key to
success is a good trainer.

Trainers work 12 to 14 hour days seven days a week since the horses need daily workout. Jockies are a rare breed and are represented by agents. The best jockies generally ride the best horses. Trainers and jockies and earn 10% of winnings each.

#### **ANNOUNCEMENTS**

March 30: District Assembly at the Baptist Seminary, Mill Valley.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

### IRISH NIGHT

AT THE VETERAN'S MEMORIAL BUILDING

1455 MADISON AVENUE - REDWOOD CITY

Monday, March 15

ATTITUDE ADJUSTMENT 5:30, AUCTION 6:30, DINNER 7:00

DINNER, WINE, GREEN BEER
& Lots O'Fun
\$20 per Person, \$25 at the Door
Live Auction, Silent Auction
& Raffle

RAFFLE TICKETS \$10 - ONE WEEK TRIP FOR TWO TO IRELAND INCLUDES AIRFARE, AUTO RENTAL, LODGING & BREAKFASTS

SPONSORED BY

PENINSULA SUNRISE ROTARY

PROCEEDS TO BENEFIT

Kainos Home and Training Center

AND OTHER LOCAL CHARITIES

FOR TICKETS CALL PETE & GINNY HUGHES (650) 594-0783 OR THE KAINOS OFFICE (650) 363-2423



### Ultra Pure As parties intended.

When the Earth's air and mountain springs were free from contamination and pollution, nature did a perfect job of making pure drinking water.

At Source 1, we rely on state-of-the-art patented Vapor Compression technology to duplicate nature's natural process of producing pure water and eliminating all biological organisms, chemicals and potentially toxic metals and minerals from the water.

The result is pure





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# Your #1 Source for Life!

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2653 Spring Street Redwood City • CA 94063

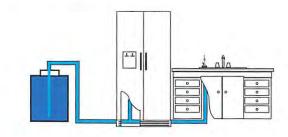
http://www.source1pureh2o.com

#### SOURCE 1 PURE Majo

We guarantee our water to be Ultra Pure at all times. Free of biological organisms, chemical agents, and potentially toxic metals and minerals.

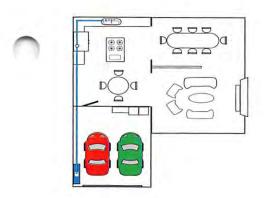
#### SOURCE 1 PURE 縫 OUR SYSTEM

Our system is a customized home pure water delivery service. The SOURCE 1 System is installed to a dedicated custom pure water faucet and to your refrigerator, ice & cold water dispenser.



#### SOURCE 1 PURE Way PURITY GUARANTEED

Our Customized Pure H20 System is independent closed loop delivery system (not connected to the public water supply). There are no filters to replace, or heavy bottles to move. In addition Source 1 Pure H2O uses a 100+ or 200+ liter (55 gallon) reservoir which acts as an Emergency Backup System in case of a natural disaster.



#### SOURCE 1 PURE 🎉 DELIVERY

We deliver with our customized Pure Water delivery truck to fill your reservoir, via secured outside fill port. No one needs to be home at time of delivery. Unlimited usage up to 55 gallons at a flat fee.















MAKE A WISH

SOURCE 1 PURE Purity and Service
Our #1 Priority









#### SPRING WATER?

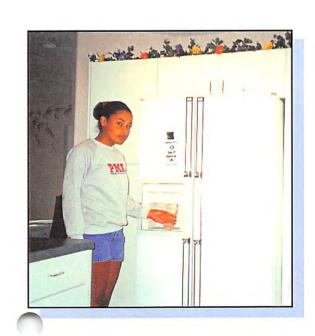
- Inconsistent
- Inconvenience
- Bottles
- Coolers
- Expensive





#### PURE H<sub>2</sub>O!

- Purity
- Convenience
- No Bottles
- No Coolers
- Value



MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15
BURLINGAME-Holiday Inn Crown Plaza 12:15

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MARCH 16, 1999

Volume 52 No. 36

SEQUOIA CLUB

#### **TODAY**

Celebration of the *Spoke* editor's birthday with breakout sessions of our committees.

#### LOOKING AHEAD

March 23: (tentative) Bob Kendal to tell us about catalytic combustion to generate clean power.

March 30: Dr. Prendergrass on the newly discovered Nitric Oxide Channel and our health.

April 6: PDG Sid's birthday, celebration (no, Sid will not deliver our program, it's only his birthday). The topic will be about the Project Amigo orphanage in Colima Mexico sponsored by Rotary.

April 20: N.B. We will not meet at the Sequoia Club. Our meeting will be at the Sequoia Health and Wellness Center in downtown Redwood City, at 702 Marshall (the old First Interstate Building), the same place where D. Durkin, B. Boland and D. Schricker hang out during weekdays.

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing My Country 'tis of Thee and Smiles; big winner Lem Summey led the pledge; the invocation was given by Past Pres. Pete Hughes; Past Pres. Greg Roos rooted out donations as recognition/fine master, only extracting \$5 per person having participated in the Day (Evening) at the Races at Bay Meadows.

Jerry Breen of Source #1 Pure H<sub>2</sub>O provided our program. His company produces totally pure water by a Vapor Compression Distillation method. This is the wave of the future. Even Pepsi and Coca-Cola are using pure water in making their products. Jerry stated that our municipal water system has radon in it, which in itself is not harmful, but when it vaporizes in a hot shower it can be inhaled and become dangerous to health.

Jerry' company puts pure water systems in homes with new construction being his best market. He does install the system into old homes such as Greg's, to provide clean, pure water to the family. Installation requires a new system of plastic lines connected to a tank which is filed from the outside. Ozone is used as the purifying agent.

#### **ANNOUNCEMENTS**

March 30: District Assembly at the Baptist Seminary, Mill Valley.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

## General Secretary's Memo

## Better technology for better service

As we implement the Secretariat strategic plan to increase staff efficiency and enhance service to Rotarians, one major concern is technology. To ensure that Rotary is technologically ready for the challenges that lie ahead, RI's management infor-



mation services have been working to analyze our systems — including hardware and software — and implement appropriate upgrades and enhancements.

Last June, we installed our new PBX phone system, which will result in cost-saving to RI and make it easier for Rotarians to reach staff members. I hope that many of you have already noticed a positive difference in this area.

Plans for this Rotary year, include improving our financial systems with the installation of PeopleSoft 7.5. This will assist our finance division to streamline its operations and respond more effectively to the needs of our members.

Like every other organization, RI is working to bring all software into compliance with year-2000 requirements, and I'm happy to report that we are well on our way to resolving this situation. Another issue that affects us is the advent of the Euro currency, which we anticipate our systems will be able to handle by July 1999 — well before the transition period to this new currency ends in 2002.

With Rotarians in 159 countries and 35 geographical regions, we are constantly seeking new ways to enhance communication with our members in all parts of the world. The implementation of video-conferencing will offer Rotary leaders a way to make "face-to-face" contact with Rotarians at district conferences and other meetings they are unable to attend in person, as well as enhancing communication between World Headquarters and our service centers.

All these efforts and advances are geared toward one primary goal — improving service to Rotarians. We anticipate that our new and improved technologies will result in faster and more accurate responses to the questions, requests, and problems of Rotarians worldwide.

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### **ROTARY DISTRICT ASSEMBLY 1999**

Saturday, March 20, 1999 8:30 - 1:00 P.M. Golden Gate Baptist Theological Union Mill Valley, California

First Breakout Sessions

Presidents Elect
Secretary
Treasurer
Rotary Foundation
Membership Development
International Service
Community Service
3-H Ukraine Project
Club Service
Fundraisers

**Rotary Club:** 

President-Elect:

Address:

Telephone:

Fax:

Second Breakout Session

Presidents Elect
Polio Plus Partners
Publicity & Promotion
Rotaplast
Rotaract/ Interact
Community Service
Vocational Service
Club Service

Special Guest Speaker
AL FRUMKIN

and more!

Mail your Club's completed Registration form with checks (for \$25.00 per person) made payable to **ROTARY DISTRICT 5150** to:

Peter C. Lagarias
The Legal Solutions Group, L.L.P.
1629 Fifth Avenue
San Rafael, CA 94901-1828

Telephone: (415) 460-0100

#### **CLUB REGISTRANTS**

Name

<u>Address</u>

<u>Telephor</u>

ATTACH ADDITIONAL PAGES AS NECESSARY

TOTAL NUMBER REGISTERED:\_\_\_X \$25 = \$\_\_\_\_



"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

MARCH 23, 1999

Volume 52 No. 37

SEQUOIA CLUB

#### **TODAY**

Icebreakers! This is our opportunity to become better aquatinted with some of our newer members through a program dedicated to the discovery of the talent that abounds within our Club.

#### LOOKING AHEAD

March 30: Dr. Prendergrast on the newly discovered Nitric Oxide Channel and our health.

April 6: Breakout sessions where the motto of "Service Above Self" is put into action.

April 13: PDG Sid's birthday, celebration (no, Sid will not deliver our program, it's only his birthday). The topic will be about the Project Amigo orphanage in Colima Mexico sponsored by Rotary.

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#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing *God Bless* 

America and Smiles; Roland Haga led the pledge; the invocation was given by Hal Hads; Orley Anderson served as recognition/fine master, by picking on recognizing the Irish for St. Patrick's Day and the English for kidnapping poor St. Pat as a young man. The tab was \$5 per person weather for those of Irish descent or for those who only wished they were.

The meeting proceeded to breakout sessions where the enthusiasm was apparent by the increased decibel level.

#### **ANNOUNCEMENTS**

Some changes to the "Make Up Opportunities" on page four of the *Spoke*: Palo Alto Bayshore is now a morning club, meeting on Thursday at 0730 at Scotts on East Bayshore just South of Embarcadero. The Woodside-Portola Valley club now meets on Wednesday rather than Friday at the same time and location (0730, guild Hall Woodside Church). Changes to the *Spoke* will appear with our next quarterly revision of the roster and page four.

March 30: District Assembly at the Baptist Seminary, Mill Valley.

April 3, 1999: Our annual rummage sale at T&H Lumber. Put this date on your calendar and start saving your junk collectibles for this fun raiser.

### President's Message

### Peace begins with the children

Underlying each of our Rotary visions is our most noble dream — the dream of peace between people and nations. That is why the month in which Rotary was born — February — is designated World Understanding Month.

In Rotary we know that a world half-starving,
a world half-sick, a world half-illiterate and a world
full of prejudice and intolerance will never be a world at peace.
That's why we carry out so many international humanitarian projects.

Now, more than ever, we must persevere in our efforts for peace. If we are to make any progress, I believe we must start with the children.

Children are our future. It is they who will be the decision-makers. It is they who will resolve global conflicts and determine if nations will be at war or peace. What kind of future will these children build



Helping to build a hopeful future for children, Interactors in Cyprus paint cartoons on walls of a children's hospital to cheer up its young patients.

if all they see in their youth is violence, hatred and hopelessness?

It is up to us to change this perception. It is up to us to do everything in our power to create safe, healthy and loving environments for our children.

Last
December's
Presidential
Conference in
Washington,

D.C., U.S.A., provided an opportunity for Rotarians to discuss urban violence, homelessness, and the many other problems confronting our children. It is my hope that our dialogue there leads to some viable solutions.

As committed members of our communities, we must take the lead in building a more peaceful world and creating a hopeful future for children everywhere.



#### **Our Mission:**

Our mission is to provide parent participation preschool education to low income families. Children in economically deprived areas are often not adequately prepared to enter kindergarten.

To address this problem, Family Connections helps children develop positive attitudes about learning while teaching them the skills they will need to prosper in school. Through participation in the program, parents become invested in their children's education, laying the groundwork for participation throughout their child's education.



Parents attend classes at Family Connections with their children, from newborn to age four. During class they participate together in an array of educational activities such as art, songs, cooking, reading, and field trips. Through these activities children learn to cooperate, focus, listen, and resolve conflicts. These skills help prepare them for kinder-

"Going to Family Connections helps garten and beyond. my son get used

to school, and I learn new things about parenting." ALMA MALFAVON

to the idea of going







"Family Connections gives me support and helps me find better ways of disciplining." ELIZABETH ERAZO

A portion of each class is devoted to educating parents through lectures, discussion groups, written materials, and outside speakers. Parents play an active role in selecting specific topics pertinent to their needs. A wide range of subjects are covered including selfesteem, discipline, health, literacy, and community resources. Quarterly night classes provide fathers or alternate care-givers an opportunity to participate with their children.

#### Families connecting through play.

Family Connections emphasizes the importance of play in the development of children. Teachers work with parents to develop play skills using educational equipment and toys not available at home. Parents learn to observe their child at play and to recognize developmental stages. Both parents and children learn new social skills as they play together and participate in the activities provided.

#### Families connecting through participation.

Parental participation is fundamental to the success of Family Connections. Parents help supervise the children at play, participate in planning activities, and have individual responsibilities for each class. They also bring and prepare snacks as well as clean up. This helps reinforce a sense of community and responsibility.

#### Families connecting through sharing.

Family Connections is committed to helping families find support. Weekly discussion groups offer parents support and the opportunity to learn about parenting from one another and professionals. Sharing experiences helps break down cultural barriers as parents realize that people in other cultures encounter similar parenting experiences. Both children and parents become friends with neighbors of different ethnic backgrounds, resulting in a stronger sense of community.

The impact of Family Connections on individual families lasts a lifetime, as parents learn that their participation enriches their children's education.



"Family Connections

makes such a big difference in my

children's lives."

YVETTE EVANS



Robin Holcomb, Director (415) 596-9177

(650) 369-6467

Mailing Address 574 Chestnut Street, #6 San Carlos, CA 94070

Site Address Belle Haven School 415 Ivy Street Menlo Park, CA 94025



Support provided in part by Sequoia Adult School, Peninsula Community Foundation, City of Menlo Park, Raychem Corporation, Little Hands and contributions from corporate and private donors.

Brochure art and production donated by:
Nancy Robinson–photography
Terri Viera–design and layout
Pacific Printing–printing and final production



Family Connections 574 Chestnut Street, #6 San Carlos, CA 94070



#### **Parent**



participation



enriches



a child's



education.

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STANFORD AREA-Mac's Tea Room Los Altos) 7:15 pm
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For other make-up opportunities see Jackie Houle

#### ROTARY CLUB OF REDWOOD CITY

Officers for 1998-99

**Board of Directors** 

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Past President

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"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

MARCH 30, 1999

Volume 52 No. 38

SEQUOIA CLUB

#### **TODAY**

Dr. Prendergast on the newly discovered Nitric Oxide Channel and our health.

#### **LOOKING AHEAD**

April 6: Breakout sessions where the motto of "Service Above Self" is put into action.

April 13: The topic will be the Project Amigo orphanage in Colima Mexico sponsored by Rotary.

April 20: N.B. We will not meet at the Sequoia Club. Our meeting will be at the Sequoia Health and Wellness Center in downtown Redwood City, at 702 Marshall (the old First Interstate Building), the same place where D. Durkin, B. Boland and D. Schricker hang out during weekdays.

#### LAST WEEK

Pres. Fred called the meeting to order; Mike Ryan, led us in singing God Bless America and Smiles; Don Gibson led the pledge; the invocation was given by Mike Ryan who did double duty; John Lowe served as recognition/fine master, by picking on recognizing the English for their part in the St. Patrick caper. (Actually St. Pat was born in Scotland). The tab was \$5 per person.

Jerry Mertins gave an overview of the District Assembly and outlined plans for the coming year. Jerry's wife Karen, Pres. Elect-Elect Jackie and Past Pres. Rosemary also attended.

Past Pres. Sam is heading up a "We Care" committee which is a spin-off of the Sunshine Committee. They will be calling those who have missed meetings to be sure all is aright and assist in any way possible. One goal will be to encourage attendance at our club and to promote make-ups at other clubs when unable to attend here. Reminder, the make up window is two weeks on either side of the missed meeting.

The meeting proceeded to Icebreakers. New members Oscar Orozco, LaVerne Atherly Don Gibson and John Santilena told us a little about themselves.

#### **ANNOUNCEMENTS**

April 3, 1999: Rummage sale at T&H Lumber.

April 22-25 District Conference at Monterey Doubletree Inn. Call Jackie if you need a registration form. Committees need to be arranging displays for the Conference. Get those pictures out! It is our chance show what we do.

May 22: Club Social. Mark your calendar, more later.

#### **CHECK IT OUT!** PLAN TO ATTEND!

- ✓ Great Doubletree Accommodations
  - ✓ Hospitality Suite Daily
  - ✓ Fellowship and Information
  - ✓ Monterey/Carmel Attractions ✓ Beaches / Shops

#### **Thursday: April 22**

- ✓ CHECK IN FOR CONFERENCE HOTEL PACKAGE RATE
- ✓ Golf Tournament & Dinner at **DelMonte Golf Course**

#### Friday: April 23

- ✓ Introduction R.I. President's Rep P.D.G. Reba Lovrien ✓ Plenary Sessions
- ✓ Mary Margarita V.J.P Experience
  - V Mexican Fiests

#### Saturday: April 24

✓ Plenary Sessions √50°S SOCK HOP

#### **Sunday: April 25**

√ Rick King – R.I. Foundation Trustee ✓ Brazil GSE Teams ✓ Awards

#### **REGISTATION:** Postmark by March 31 to qualify for V.I.P. EVENT TICKETS

email solea@apr.com for additional registration forms

## **Shirley Olea**

	PU Box 482	
Half M	loon Bay, CA	94019
	SE PRINT CLE	
Rotarian		
Club		
Address		
	State_	Zip
DAYTIME TELEPHO	NE	
<b>GUESTS:</b> Plea	ase include first a	
		same and the same a
Bringing C	hildren?: Pleas	se include ages
SPECIAL	DIETARY RE	QUESTS:
□ Visa	<ul><li>Master Card</li></ul>	<ul><li>Check</li><li>Enclosed</li></ul>
Card Number		
Expiration Date_		
Signature		

EVENT	# of tickets needed	COST PER PERSON	TOTAL
Add \$35.00 REGISTRATION for each Rotarian		\$35/ Rotarian	\$
Golf tournament registration separate			
Friday 23rd		SWITT T	
NOON – 1:30pmLUNCH DeAnza Room II		\$25.00	\$
6:30 pm No Host Cocktails			
7:00pm - 11:00 pm Mexican Fiesta		\$50.00	\$
Saturday 24th		No. Com	
8:00 am SIT DOWN Breakfast		\$20.00	\$
Noon – 1:30pm Lunch		\$25.00	\$
6:30pm No Host Cocktails			
7pm – 11pm 50°S SOCK WOP		\$60.00	\$
Sunday 25th			
8:00 am SIT DOWN Breakfast		\$25.00	\$
PACKAGE ALL SCHEDULED MEALS		\$195.00 PER PERSON	\$
TOTAL DUE = REGISTRATION(s) + MEAL TOTAL			\$

#### BASIC VASCULAR PROTECTION

EMMC RECOMMENDS THE FOLLOWING VITAMINS, AMINO ACIDS AND MEDICATION AS A WAY TO DIMINISH THE CHANCE OF A HEART ATTACK OR STROKE. THESE HAVE CONTRIBUTED TO THE SIGNIFICANT DECREASE IN THESE DISORDERS THAT WE HAVE SEEN IN EMMC PATIENTS OVER THE PAST FIVE YEARS.

Vitamin E 400 Units daily - prevents the oxidation of cholesterol and other blood fats to prevent "sticking" to the lining of the arteries. This decreases the incidence of stroke and heart attack by 60%.

Folic Acid 400 mg daily - a multivitamin capsule is the best source since it has B 12 and B 6 in it as well. This low level keeps the "artery roughing" non-genetic homocysteine levels low. If you have significant elevation of your homocysteine, you need to treat that independently of all this general advice.

Aspirin 81 mg daily - sufficient antiplatelet effect to reduce incidence of stroke and heart attack. In most people it does not cause a significant increase in bleeding.

L-Arginine 1,000 mg twice a day - reverses cholesterol build-up in the arteries. No stroke, no heart attack! The Nobel Prize in Medicine 1998 was awarded to three doctors who started the work.

Heart Bar – Cooke Pharma - one bar a day, replaces all the above. 180 calories/bar. It is not that the exact components are equal, but the Bar will "do the job" of what's above. Two bars a day for three months if your problem is severe.

The staff of Endocrine Metabolic Medical Center

Endocrine Metabolic Medical Center 1999©

MONDAY

BELMONT-Van's Restaurant, Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15 BURLINGAME-Holiday Inn Crown Plaza 12:15

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APRIL 13, 1999

Volume 52 No. 39

SEQUOIA CLUB

#### **TODAY**

The topic will be the Project Amigo orphanage in Colima Mexico sponsored by Rotary.

#### LOOKING AHEAD

April 20: N.B. We will not meet at the Sequoia Club. Our meeting will be at the Sequoia Health and Wellness Center in downtown Redwood City, at 702 Marshall (the old First Interstate Bank Building), at Jefferson. The topic will be Breast Health Awareness to be presented by Dr. Roberta Lee.

April 27: N.B. there will be no meeting on Tuesday April 27, see next paragraph.

April 30: Friday. We will meet at the Redwood City Elks Club in Emerald Lakes with the Belmont, San Carlos, Menlo Park, Woodside-Portola Valley and Peninsula Sunrise clubs. This will be our opportunity to meet the visiting GSE team from Brazil.

May 4: We will have the honor of hearing from members of the Grand Jury, an integral part of our judicial system.

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing *God Bless*  America and Smiles; Past Pres. Greg led the pledge; the invocation was given by Past Pres. Dennis; PDG Bill filled in as fine/recognition master and managed to find all in the room except one or two who might have been overlooked.

Bill Ames of Redwood High School gave us a thumbnail description of the makeup of the school and the students that attend. There are 229 currently enrolled. Even though the school is a part of, and funded by the Sequoia High School District, there is a need for volunteer assistance. Bill asked us to participate in a mentoring program.

Past Pres. Pete H. and his co-chair Carol gave a report of the Rummage Sale. They deserve a huge hurrah for their effort. The meeting proceeded to committee breakout sessions.

#### **ANNOUNCEMENTS**

The marble bag is down to 15 plus the black one. The tension is building.

April 22-25 District Conference at Monterey Doubletree Inn. Call Jackie if you need a registration form. Committees need to be arranging displays for the Conference. Get those pictures out! It is our chance show what we do.

May 22: Club Social. Mark your calendar, more later.

#### Mentor Guidelines for Redwood High School

#### PURPOSE of BEING A MENTOR

Several reasons exist for being a mentor. First and foremost is that an adult is interested in being a role model for a teenager. This means that an adult is willing to spend quality time with a student mentee periodically in order to communicate to the student what it takes to experience success in the real world. When another interested and committed adult does this, it will reinforce what parents and teachers are doing.

Another reason to mentor is to be another adult who is interested in the well being of the student mentee. The mentor should be willing to listen to the problems and concerns of the student mentee. When it seems appropriate suggestions and recommendations may be given to the student but judgments might be avoided. Periodic check-ins for progress are encouraged.

The third reason for mentoring will be to provide the student mentee with a job shadowing opportunity periodically. This will allow the mentee the chance to see the kind of work the mentor does as well as seeing and hearing about the issues that relate to the job.

#### 1. BACKGROUND CHECK

The prospective mentor must complete the 'Sequoia Union High School District Volunteer Background Information' sheet.

The prospective mentor must submit a photocopy of there California Driver's License and their Social Secuirty Card with the Background sheet.

The information will be forwarded to and approved by the San Mateo County Sheriff's Department for a background check before the person will be assigned a mentee.

#### 2. RESUME / LETTER

The prospective mentor will submit a resume and or letter of introduction that presents their background and indicates what activities they will be able to offer a student mentee.

#### 3. RECOMMENDATIONS for MENTORING

The Mentor will be expected to spend one full day a month with his her mentee. The day might go something like this:

- \*Meet the Mentee for an early morning briefing about the day's activities.
- \*Escort the Mentee through the job area of the Mentor.
- \*Discuss the issues and activities related to the job.
- \*Have lunch with the mentee.
- \*Continue the job shadow and discuss the required education and training needed in the respective work place.
- \*Finish the day with a discussion of questions and concerns the Mentee

Perhaps the Mentor may choose to speak a couple of times to the student mentee on the phone between meetings.

The mentor is encouraged to inquire about the academic progress and attendance of their mentee

#### SPECIAL FEA ES (cont.)

#### Social Services

Redwood provides students an opportunity to have open discussions with counselors from local agencies and to participate in the Youth Empowerment System (Y.E.S.) activities designed for self-understanding and positive growth.

#### **Academic Evaluation**

Every month students undergo an academic evaluation which includes points earned in each class, attendance and work experience assignments. Students who do not meet the criteria may be placed on academic probation through the independent study program (Furlough).

#### Parent Involvement

Redwood encourages all parents to actively participate in Redwood activities including Redwood Active Parents (R.A.P.). It is an organization which provides members the opportunity to share information and strategies for helping their students succeed.

### SCHOOL AGE MOTHERS-TO-BE PROGRAM (SAMP) AND INFANT DAY- CARE NURSERY

This program provides an opportunity for pregnant young women to continue their high school education while receiving special instruction in childbearing, child development and parenting. Any pregnant young woman in the Sequoia Union High School District is eligible to enroll in the program, given space availability. The staff from both the school district and San Mateo County provides educational and medical support for the students. Students should see their high school nurse for information.

Adjacent to the SAMP classrooms is a day-care nursery for infants whose mothers are in the program.

#### STUDENT COMMENTS

"I've had the chance to prove to myself that I can make it in school."

"I've always complained about school, but when I came to Redwood my dream school came true."

"I like everything about Redwood. It's just made for people who have problems in regular school. The teachers at Redwood understand these problems."

"I've learned responsibility at Redwood and also thought a lot about my future."

"I feel I've accomplished something, and I feel I'm doing something for myself."

"It was worth all the hours I worked here because I found people who care."

It is the policy of the Sequoia Union High School District not to discriminate on the basis of sex in its admission of students to school programs, educational programs and activities, or the recruitment and employment of personnel.

Students, parents, employees, and community members who feel that they have a grievance concerning sex discrimination should contact:

Susan E. Berghouse,
Director of Student Services, Public Relations
and Communications
480 James Avenue, Redwood City, CA 94062
(650) 369-1411, ext. 2210

For additional information, contact:

Bill Ames, Work Experience Coordinator

Merren Carlson, SAMP Coordinator

Susana Munzell, Principal

Suzanne Wells, Counselor

# Redwood High School

1968 Old County Road Redwood City, CA 94063

369-1411

#### PHILOSOPHY

Redwood is the only continuation high school among four regular high schools in the Sequoia Union High School District. Continuation high schools were established to serve those students in need of more flexibility and attention than is possible in the regular high school program.

Redwood attempts to work in cooperation with the traditional schools by providing an alternative approach to common educational goals. The program is designed to meet the needs of individual students. Students can work at their own pace and level of ability.

The main goals of Redwood are:

To prepare students to obtain a high school diploma or certificate of graduation.

To assist students in establishing personal and career goals.

To assist students to acquire the skills and attitudes for achieving their goals.

The members of the Redwood staff are both counseling and subject oriented. Because the best way for a student to succeed is by experiencing success, instruction and counseling emphasize students' achievements rather than their failings. While providing encouragement and support, the staff expects students to take responsibility for their own educational growth.

#### **EDUCATIONAL PROGRAM**

#### Eligibility and Enrollment

Students who are 16-18 years of age may enroll at Redwood upon the recommendation of a counselor and an administrator from one of the four regular high schools. Students and their parents may also initiate a request for enrollment.

Enrollment at Redwood is limited. A student is scheduled for the 8:30-11:30 a.m. session or the 12:10-3:10 p.m. session.

To attend the morning session, students must be enrolled in work experience or in another educational/vocational program such as ROP or OICW.

Students enrolled in a regular schedule are expected to attend four classes a day, five days a week. When students are absent from school, a parent is expected to notify the attendance office on the same day.

#### EDUCATIONAL PR. RAM (cont.)

#### **Instructional Program**

Classes are small - 10 to 16 students. Because instruction is individualized and scheduling is flexible, students can begin classes any time during the school year without loss of continuity.

The curriculum includes those courses required for graduation as well as a variety of electives. Work Experience and Career Guidance are important aspects of the program. Depending upon a student's abilities and goals, instruction ranges from emphasis on basic skills to a more rigorous academic program. Instructional materials for each class vary in format and level of difficulty.

Students are counseled toward completing their high school education. Each student has a program which directs him/ her toward graduation. Options available to students are: Redwood High School diploma (Redwood is a fully-accredited high school.), comprehensive high school diploma, General Education Diploma (GED), California High School Proficiency Examination (CHSPE), or Adult School diploma. Diplomas are issued throughout the year to those seniors who have completed all the requirements established by the district.

#### SPECIAL FEATURES

#### Orientation

Students enrolling at Redwood participate in an orientation program designed to welcome them to the school and to clarify expectations. Students are also tested in reading and mathematics to determine their academic strengths and weaknesses and to ensure appropriate placement in classes. A variety of activities are designed to help students start their new school experience with a positive and responsible attitude.

Regularly-scheduled guest speakers and audio-visual programs provide an important supplement to the students' classroom education. Topics are usually related to employment readiness, career preparation, social services and other areas of student interest.

Field trips are scheduled when feasible. These activities enable the school to utilize the community in the development of the students' academic interests.

#### SPECIAL FEATURES (cont.)

Redwood's Graduation Celebration is held annually on the last day of school. Those students who have graduated or have passed one of the high school equivalency exams during the year are honored. A commencement address is given by a member of the Board of Trustees or the Superintendent, and academic and special awards are presented. All students are encouraged to invite their families and friends to share in the festivities and the luncheon!

#### School Services

The staff at Redwood includes a full-time academic counselor, a work experience coordinator and a career guidance assistant. They work with students to meet their academic requirements, find employment, plan their futures and solve problems.

#### **Student Activities**

Redwood students have a variety of opportunities to develop leadership skills and to interact socially with their peers. Officers are elected for the morning and afternoon Student Councils which plan activities during the year. Representatives are also elected to serve on school and district-wide committees such as the Site Council, the Student Advisory Council, etc.

#### Site Council

This organization is responsible for evaluating the school program, making recommendations for improvement and allocating School Improvement Program (SIP) funds. Membership includes students, staff, parents and members of the business community.

#### Adopt-A-School

PG&E and Redwood have a partnership which gives the school a valuable link to local industry. PG&E provides excellent opportunities for students to "shadow" employees, visit their PG&E facilities and develop career goals.

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15

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"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

APRIL 20, 1999

Volume 52 No. 40

SEQUOIA CLUB

#### TODAY

Our meeting is at the Sequoia Health and Wellness Center in downtown Redwood City, The topic is Breast Health Awareness presented by Dr. Roberta Lee.

#### **LOOKING AHEAD**

April 27: N.B. there will be no meeting on Tuesday April 27, see next paragraph.

April 30: Friday. We will meet at the Redwood City Elks Club in Emerald Lakes with the Belmont, San Carlos, Menlo Park, Woodside-Portola Valley and Peninsula Sunrise clubs. This will be our opportunity to meet the visiting GSE team from Brazil.

May 4: We will have the honor of hearing from members of the Grand Jury, an integral part of our judicial system, assisted by a judge, prosecutor and public defender.

June 22: Put this date on your calendar! We will revel in the retirement, redact in the recusion and record the retrospect, all about "the year of the Fred". Soon to be Past Pres. Strathdee will be debunked in RCRWC style. The meeting will be the Annual Meeting of the Rotary Club of Redwood City. It will be a dinner meeting with time and place to be announced.

#### LAST WEEK

Pretender to the throne, Past Pres. Pete Hughes called the meeting to order; PDG Bill, led us in singing America and Smiles; Orley Anderson led the pledge; the invocation was given by Bob Boland; Past Pres. Dennis Durkin did a "fine" job as recognition master filling in at the last minute and demonstrating his expertise on the Great American Pastime.

We were given a slide presentation of the Rotary project in Colima Mexico. This is a great undertaking that has expanded from the adoption of an orphanage to the building of basic shelter houses for the poor and impoverished. Rotary clubs from various places around the United States, especially Marin County have undertaken various "projects within the Project".

#### **ANNOUNCEMENTS**

Three Cheers for Rudy and Janet Helin for making Rudy the latest "Fellow" of the Bostwick fund.

The marble bag is down to 15.

April 22-25 District Conference at Monterey Doubletree Inn.

May 29: Drama night 1800. Mark your calendar, more later.

### Look for Rotary in the news

Whether the subject is polio eradication, the Foundation's new Children's Opportunities Grants, or RI President James Lacy's trip to Asia, Rotary activities and service projects have been making news around the globe.

Not surprisingly, Rotary's PolioPlus program has garnered the most extensive press coverage. Featured on television programs aired in the U.S.A., Canada, and France, polio eradication efforts have also been covered in British, Canadian and U.S. newspapers and publicized on-line on the U.S. ABC News Web site. Both broadcast and print media carried stories on Past District 6440 Governor Karen Kline's trip to Ghana bearing supplies for the national immunization day there.

The Asian press covered President Lacy's visit to Singapore and Hong Kong, along with Rotary's preparations for the Singapore Convention, while Asian Rotarians made news in the U.S.A. Their efforts to help people cope with the Asian financial crisis were publicized by radio stations in seven major cities, and club projects to combat poverty and illiteracy in China received coverage in 90 newspapers.

Some Rotary Ambassadorial Scholars found themselves the subject of media interest, most notably Miguel Hilario, an Amazon Indian who studied last year at Oxford University in England and whose remarkable story was picked up by dozens of media outlets around the world.

Club and district projects were also publicized. Rotary's Gift of Life Program, which brings children to the U.S. for life-saving surgery, was spotlighted in a nine-minute segment on CBS Sunday Morning, and BBC television reported on a South African Rotary literacy initiative.

This is just a small sampling of Rotary news coverage in recent months. For more information or to learn how your club can more effectively publicize its activities, contact the Public Information Department, telephone: 847/866-3208; fax: 847/866-8237. ■

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Officers for 1998-99

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FRED STATHDEE

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ROTARY CLUB OF REDWOOD CITY P.O. Box 2605 Redwood City, CA 94064



"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

APRIL 30, 1999

Volume 52 No. 41

SEQUOIA CLUB

#### **TODAY**

Our meeting today is at the Redwood City Elks Club in Emerald Lakes with the Belmont, San Carlos, Menlo Park, Woodside-Portola Valley and Peninsula Sunrise clubs. This is our opportunity to meet the visiting GSE team from Brazil.

#### **LOOKING AHEAD**

May 4: We will have the honor of hearing from members of the Grand Jury, an integral part of our judicial system, assisted by a judge, prosecutor and public defender.

June 22: Put this date on your calendar! We will revel in the retirement, redact in the recusion and record the retrospect, all about "the year of the Fred". Soon to be Past Pres. Strathdee will be debunked in RCRWC style. The meeting will be the Annual Meeting of the Rotary Club of Redwood City. It will be a dinner meeting with time and place to be announced.

#### LAST WEEK

Pres. Fred called the meeting to order; PDG Bill, led us in singing My Country 'tis of Thee and Smiles; Mel Anisman led the pledge; the invocation was given by Mike Ryan; Pres. Fred did double duty as recognition master filling the time with "Fred styled" anecdotal stories about April Fools day.

It's back to a full bag next week (marbles, that is). Pres. Elect Jerry plucked the black marble out of the bottom of the bag. The cash will come in handy for Jerry when he takes off for Singapore for the Rotary Convention in June.

The meeting was held at the Sequoia Hospital's Health and Wellness Center in downtown. This is a great resource in our Community. The staff provides a varied array of services to the community; support groups; medical screening; flu shots; and a clinic which provides testing for blood pressure, cholesterol and diabetes. Our speaker was Dr. Roberta Lee, a general surgeon, who specializes in the diagnosis and treatment of breast cancer. Dr. Lee gave great insight into the causes and treatment of this insidious disease. She urged testing for all women over 40. By the time a woman reaches age 83 she has a one in nine chance of contracting the disease. early detection reduces the incidence of mortality by 30%. Very early detection provides a 95% survival rate. Dr. Lee stressed that men sometimes develop breast cancer and all men should be aware of this and check themselves regularly.

#### **ANNOUNCEMENTS**

May 22: Drama night 1800. Mark your calendar, see page two, inside of this issue of the *Spoke*.

### DISTRICT CONFERENCE DISTRICT 5150

This past weekend, April 22-25, our District Governor, Mary Janney, held her District Conference at the DoubleTree Hotel in Monterey. there were about 125 registered Rotarians in attendance. The highlight of the conference was the President Jim Lacy's President's Representative Reba Lovrien. Reba is from Albuquerque New Mexico and was DG in 1995-96. She was accompanied by her husband, Clark who was a DG from the same district 1993-94. Can you imagine two governors in one family, they must talk Rotary incessantly. A great talk was given by John Whitehead a Rotarian from Georgia (formerly from Fairbanks Alaska). John's subject was about making up at Rotary meetings all over the world. He is a natural wit and his humor was delightful.

#### **MELODRAMA THEATRE NIGHT 5/22/99**

OF FUN AND FELLOWSHIP

ROTARY NIGHT AT THE GASLIGHTER

SATURDAY MAY 22<sup>ND</sup>

CATCH BUS AT 6:00PM (PLACE TBD)

PIZZA AND NO HOST DRINKS AT 7:00PM

MELODRAMA STARTS AT 8:00PM

COST: \$40.00 PER PERSON

RSVP BY MAY 11<sup>TH</sup> TO JUDY CHECKS TO BE TURNED IN BY MAY 17TH

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BELMONT-Van's Restaurant,Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15 BURLINGAME-Holiday Inn Crown Plaza 12:15

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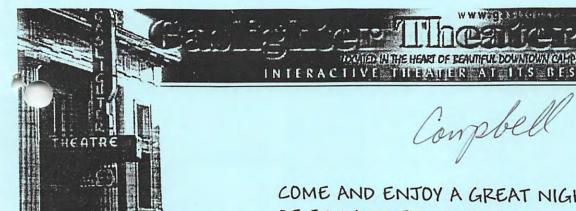
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Compbell

COME AND ENJOY A GREAT NIGHT OF FUN AND FELLOWSHIP

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CATCH BUS AT 6:00PM (PLACE TBD)

PIZZA AND NO HOST DRINKS AT 7:00PM

MELODRAMA STARTS AT 8:00PM

COST: \$40.00 PER PERSON

RSVP BY MAY IITH TO JUDY CHECKS TO BE TURNED IN BY MAY 17TH

A fun and entertaining experience for all. Entering the lobby of the Gaslighter Theater is like taking a step back to the 1890's, when vaudeville was the entertainment for the masses. You will be greeted by the performers themselves and shown to your pre-assigned seats. Beer, wine, and soft drinks are offered by an authentic saloon girl in full costume. Then, without further adieu...

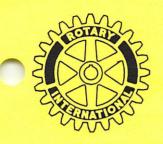
#### Our Melodrama

Witness pathos guaranteed to make even the strongest man weep. Deeds so dastardly that the frailest of women must be restrained from tearing our villain limb from limb. We encourage (nay urge) the audience to boo the villain and cheer the hero in his fight against evil. Then, following a brief ermission, the Gaslighter brings you its NEARLY amous...

#### Vaudeville Review!

The most highly qualified and adept proponents of the vocal and terpsichorean arts on display anywhere. Song, dance and comedy designed to showcase the versatility of our cast. There's something for everyone in this smorgasbord of theatrical delights.

The Gaslighter offers to all guests, at no additional charge, all the free popcorn you can eat or throw, plenty of parking, and last but not least, the most laughs and the best time in town!



"He Profits Most Who Serves Best" CHARTERED APRIL 22, 1946 DISTRICT 5150

May 4, 1999

Volume 52 No. 42

SEQUOIA CLUB

#### **TODAY**

We will have the honor of hearing from members of the Grand Jury, an integral part of our judicial system, assisted by a judge, prosecutor and public defender.

#### LOOKING AHEAD

June 22: Put this date on your calendar! We will revel in the retirement, redact in the recusion and record the retrospect, all about "the year of the Fred". Soon to be Past Pres. Strathdee will be debunked in RCRWC style. The meeting will be the Annual Meeting of the Rotary Club of Redwood City. It will be a dinner meeting with time and place to be announced.

#### LAST WEEK

Our regular meeting was preempted by a special multi-club gathering at the Redwood City Elks Club. About 175 Rotarians and guests from Menlo Park, Peninsula Sunrise, Redwood City, Woodside-Portola Valley, San Carlos and Belmont gathered to meet and hear from our visiting GSE team from Brazil.

As always, the Group Study people were engaging, outgoing and charming. The team is made up of a Rotarian, Raul Lessa, two women and two men. Ages range from mid-twenties to 40, except for Raul who is 74. It was interesting to hear about one of the world's largest

countries and the city, Londrina (population 450,000), that the team comes from.

#### **ANNOUNCEMENTS**

May 22: Drama night 1800. Mark your calendar, see page two, inside of this issue of the *Spoke*.

#### **BOARD OF DIRECTORS**

The time has come for the politics of the club to rise to the surface. We are, according to our by-laws, to elect a new board, or about one half of a new board, in any case. Anyone interested in serving on the Board please submit your expression of interest to Secretary (soon to be Pres. Elect) Jackie. Don't be shy about your interest, Jackie will not divulge her sources. Likewise, if you have a favorite for a board slot, let Jackie know. This is a great way to honor, or get back at, someone you feel is special.

### DISTRICT CONFERENCE 2000

Our soon to be Governor Mike Fish has booked a cruise ship, *The Sun Princess*, *the* original Love Boat, for his District Conference. It seems that each new governor wants to be more spectacular than his or her predecessors. The ship will sail from SF to Vancouver, BC for the conference. See Page two.

### Rotary District 5150 The Millennium Cruise

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Inside-Affordable Class		\$	270.00		
Outside-Budget Class		\$	370.00		
Outside-Affordable Class		\$	399.00		
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DISTRICT 5150 ROTARY INTERNATIONAL

Africal Bulot





"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

May 11, 1999

Volume 52 No. 43

SEQUOIA CLUB

#### **TODAY**

We had such a great time last week with the Impeachment of the Gavel Burglar that we will probably spend today's meeting rehashing the events of a week ago.

#### **LOOKING AHEAD**

June 22: Put this date on your calendar! We will revel in the retirement, redact in the recusion and record the retrospect, all about "the year of the Fred". Soon to be Past Pres. Strathdee will be debunked in RCRWC style. The meeting will be the Annual Meeting of the Rotary Club of Redwood City. It will be a dinner meeting with time and place to be announced.

#### LAST WEEK

Revenge of the Presidents. Pres. Fred called the meeting to order and Hal Hads led us in singing *God Bless America* and *Smiles*; the Pledge was led by Guy Thompson; Lois Grumman (widow of Past. Pres. Allen) gave the invocation. Sheriff Don was presented with a check for \$800 for STAR camp. Pres. soon to be Jerry donated the \$900 he won in the blackball pool back to the club. Yea Jerry! Jim Newell solved the tax problem, somehow. Two young men are starting on a fund-raiser by biking across the USA a "Journey of Hope".

The meeting then proceeded to the serious business of impeachment. Pres. Fred read the indictment against Bill "the Gavel" Bergler. The Gavel protested his innocence throughout. However, even the assembled OJ defense team could not spring him. The club membership, acting as a jury of the whole found the evidence overwhelming and voted for conviction. The minority protested that though guilt was established beyond even a reasonable doubt, the crime did not raise to the level of impeachment. (Where have we heard that before)

Unindited co-conspirator, Don Hack tried to take his guilty accomplice off the hook by confessing to the crimes, but a polygraph discovered he was fantasizing in search of attention by the media.

#### **ANNOUNCEMENTS**

May 22: Drama night 1800. See Past Pres. Judy Cooper for a reservation.

#### **BOARD OF DIRECTORS**

The time has come for the politics of the club to rise to the surface. We are, according to our by-laws, to elect a new board, or about one half of a new board, in any case. This is a great way to honor, or get back at, someone you feel is special. Ballots have been circulated. Vote early-vote often!

Some Rotary clubs have established Read To Me programs in local libraries, helping to introduce youngsters to the printed word.

## Make literacy a priority in July

July is Literacy Month, and the importance of increasing worldwide awareness of the problems of illiteracy has never been greater. According to the UNICEF report "The State of the World's Children 1999," roughly one-sixth of the people living in the world today are illiterate, and that number is growing.

This sort of news underscores the timeliness of the decision by the RI Board of Directors last October to approve a three-year literacy and numeracy pilot program.

Pilot-program status allows all Rotary clubs and districts to give permanence to their current literacy and numeracy programs and to set up the framework necessary to initiate new efforts. To that end, a new logo will be developed and promotional postcards will be sent to all clubs to encourage Literacy Month activity.

The impetus for pilot-program status came from the success of the Light-house Literacy projects established by the Literacy and Numeracy Task Force. Designed to give clubs an active role in encouraging local authorities to assign high priority to literacy and numeracy education, these projects began to blossom around the world in 1997-98 in India, Mexico, Nigeria, and other countries. (See story on page 6.)

Clubs looking for further inspiration for their own literacy projects can receive a gratis literacy handbook by contacting the Community Programs section at RI World Headquarters.

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May 18, 1999

Volume 52 No. 44

SEQUOIA CLUB

#### **TODAY**

Breakout sessions where "Service Above Self" becomes reality.

#### LOOKING AHEAD

May 25: This is the day we will award our scholarships t deserving young scholars from various high schuss that educate our Redwood City youth.

June 1: Sharon Williams, executive Director of OICW will tell us about the mission of her organization.

June 8: Paul Shepard of Cargill Salt will talk to us about the ecology of the bay, the participation of Leslie in the preservation of wetlands, landfill for runways and other salty subjects of interest to one of Redwood City's oldest established industries.

June 22: Put this date on your calendar! We will revel in the retirement, redact in the recusion and record the retrospect, all about "the year of the Fred". Soon to be Past Pres. Strathdee will be debunked in RCRWC style. The meeting will be the Annual Meeting of the Rotary Club of Redwood City. It will be a dinner meeting with time and place to be announced.

June 29: City Councilman Colleen Jordan will speak on some important but little know subjects which are currently affecting Redwood City residents.

#### LAST WEEK

Pres. Fred called the meeting to order and PDG Bill, returning from a one week sabbatical, led us in singing America and *Smiles*; the Pledge was led by Guy Thompson; Hal Hads gave the invocation. Rummage Chair Carol Ebner gave checks to Family Connection and the Phi Beta Kappa society of Cañada college, the beneficiaries of this year's rummage sale.

Our speaker was Craig Baker, former principal of Fair Oaks School and director of Responsibility for Youth, a non-profit dealing making an effort to make education relevant to the youth of the 1990s and beyond. Craig stated that our educational system was set up in the early 1900s when 20% of high school graduated would go on to college and the rest would be preparing to undertake manual jobs. This has changed. Each and every child going through school needs to be successful now. Baker's recipe is to share responsibility among the parents, the school and the community.

#### **ANNOUNCEMENTS**

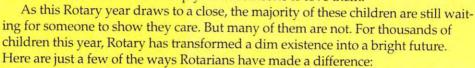
May 22: Time is running short! Drama night 1800. See Past Pres. Judy Cooper.

### President's Message

## Making our Rotary dreams reality

This year I have asked Rotarians everywhere to *Follow Your Rotary Dream*. I urged them to give special consideration to our society's most innocent members: the children.

There are children everywhere who are crying out for our help — children who are sick and hungry, children who can't afford to go to school, children devastated by drugs and domestic abuse, children who simply want someone to love them.

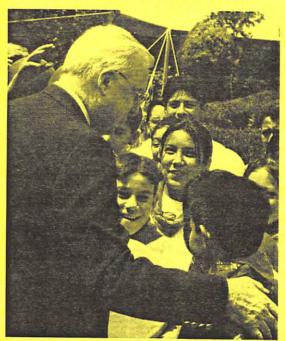


 Young people in a gang-infested neighborhood in East Los Angeles, California, U.S.A., now have a safe place to go after school. The Rotary Club of Los Angeles opened the community facility, which provides computers, after-school

mentoring, and literacy programs.

- Rotarians in Melbourne, Australia, funded surgeries for children hurt in land mine explosions in Bosnia.
- Members of the Rotary Club of Tamworth Anker, England, organized a project to provide food, clothing, and education to 200 homeless orphans and street children in Vijayawada, India.
- A nursery established by the Rotary Club of Ponta Pora, Brazil, is providing nutritious meals for some 70 preschool-age children from low-income families. Their parents are educated in nutrition and hygiene practices.

And the list goes on. A highlight of the year was the



On a trip to Mexico City, President Lacy visits with the many children who have benefited from projects sponsored by local Rotarians.

overwhelming response generated by the Children's Opportunities Grants initiative. We received nearly 6,000 project proposals for these grants. Of course, we will not be able to fund every one, but it is clear that Rotarians are deeply committed to the welfare of our children. And many of the ideas that were presented will guide our future efforts.

The outcome of the "Dream for the Future" initiative was equally encouraging. The Dream for the Future Committee received more than 1,500 dreams from clubs and districts, ranging from addressing health care concerns to new ways of promoting peace and goodwill.

The enthusiasm shown by the Rotary world in 1998-99 is proof that dreams do come true.

MONDAY

BELMONT-Van's Restaurant, Belmont 12:15 PALO ALTO-Rickey's Hyatt House 12:15 CAMPBELL-Renzo's Restaurant 12:15 BURLINGAME-Holiday Inn Crown Plaza 12:15

TUESDAY

S.F. MISSION-Double Play Restaurant 7:30 am PENINSULA SUNRISE-Pete's Harbor 7:30 am MILLBRAE-Green Hills Country Club 12:15 MOUNTAIN VIEW-Florentine Restaurant 12:15 LOS GATOS-Villa Felise Restaurant 12:15 SAN FRANCISCO-Marines Memorial 12:00 SUNNYVALE-Holiday Inn 12:15 HALF MOON BAY-Mel Mello Center for Arts 12:15 MILL VALLEY-Mill Valley Golf Club 12:15 PACIFIC-Sharp Park Restaurant, SP Golf Club 7:15 am STANFORD AREA-Mac's Tea Room Los Altos) 7:15 pm

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FOSTER CITY-Holiday Inn 12:15 MENLO PARK-Menlo Park Rec Ctr. 12:00 SANTA CLARA WEST-Mariani's Restaurant 12:14 THURSDAY

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For other make-up opportunities see Jackie Houle

#### ROTARY CLUB OF REDWOOD CITY

Officers for 1998-99

**Board of Directors** 

FRED STATHDEE

President

Jerry Mertens President Elect Judy Cooper Past President

Jackie Houle Secretary

Term expires 6/30/00

Jackie Houle

Carol Ebner

Claudia Keys

Robert Boland

Orley Anderson Joe Dombek Linda Schmidt

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Linda Schmidt Treasurer

Sergeant At Arms: By Committee

Bulletin Editor: Bill Conklin

**MARY JANNEY GOVERNOR, DISTRICT 5150** 

Steve Machtinger DISTRICT GOVERNOR'S REPRESENTATIVE

JAMES LACY PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P.O. Box 2605 Redwood City, CA 94064



"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

May 25, 1999

Volume 52 No. 45

SEQUOIA CLUB

#### **TODAY**

This is the day we will award our scholarships to deserving young scholars from various high schools that educate our Redwood City youth. (See page two of this week's *Spoke*)

#### LOOKING AHEAD

June 1: Sharon Williams, executive Director of OICW will tell us about the mission of her organization.

June 8: Paul Shepard of Cargill Salt will talk to us about the ecology of the bay, the participation of Leslie in the preservation of wetlands, landfill for runways and other salty subjects of interest to one of Redwood City's oldest established industries.

June 22: Put this date on your calendar! We will revel in the retirement, redact in the recusion and record the retrospect, all about "the year of the Fred". Soon to be Past Pres. Strathdee will be debunked in RCRWC style. The meeting will be the Annual Meeting of the Rotary Club of Redwood City. It will be a dinner meeting with time and place to be announced.

June 29: City Councilman Colleen Jordan will speak on some important but little know subjects which are currently affecting Redwood City residents.

#### LAST WEEK

Pres. Fred called the meeting to order and PDG Bill, led us in singing My Country 'tis of Thee and Smiles; the Pledge was led by Guy Thompson; Norm Fenton gave the invocation. Past Pres. Bill Bergler conducted a fine recognition session. The meeting then proceeded to our "get the work done" breakout sessions.

The ten members receiving the highest number of votes for Director were determined (more or less). Secty. Jackie is verifying each nominee's willingness to serve and will have a final ballot today.

### WORLD INTERACT WEEK INAUGURATED

Since the first Interact club was founded in the U.S.A. on 28 October 1962, this Rotary youth organization has become a global phenomenon, with clubs in almost 100 countries. Further boosting Interact's internationality, the RI Board has just designated the week during which 28 October falls as World Interact Week.

This new observance provides an ideal time for Rotary clubs to plan joint activities with the Interact clubs they sponsor — or to consider starting a club if they haven't yet done so.



### Rotary Club of Redwood City

REDWOOD CITY, CALIFORNIA

May 7, 1999

#### <u>PRESS RELEASE</u> REDWOOD CITY ROTARY CLUB

To: Interested Parties

The Redwood City Rotary club is proud to announce their 1999-2000 Redwood City Rotary Club Scholarship Recipients. The Redwood City Rotary understands the importance of education and has raised \$8,500 for the purpose of helping promising young men and women with financial assistance toward completing their formal education. The students are Redwood City residents from various schools and backgrounds. Seven (7) students received \$1,000 scholarships and three (3) others received \$500 Community College scholarships. The awards were based on a number of criteria including scholastic ability, community service, responsibility toward education and financial need.

The following is a list of students who will receive their \$1,000 and \$500 Redwood City Rotary Club scholarships awards at the Redwood City Rotary Club Awards Luncheon to be held on May 25, 1999, 12:00 noon, at the Sequoia Club, 1695 Broadway, Redwood City, CA 94063:

#### \$1,000 scholarship awards are:

Name School

Mr. David Boehle
Ms. Nicole Craig
Mr. James Deneri
Mr. Christopher Darmanin
Ms. Jessica Jenkins
Ms. Bridget Meyer
Mr. Richard Porter

Serra High School
Carlmont High School
Munipero Serra High School
Notre Dame High School
Woodside High School
Sequoia High School

#### \$500 Scholarship Awards are:

Name School

Ms. Alexandra Martinez Redwood High School
Ms. Mariel Turner-Tamiyasu Woodside High School
Mr. Francis Veimau Seguoia High School

#### MAKE-UP OPPORTUNITIES

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BELMONT-Van's Restaurant, Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15
BURLINGAME-Holiday Inn Crown Plaza 12:15

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S.F. MISSION-Double Play Restaurant 7:30 am
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For other make-up opportunities see Jackie Houle

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DISTRICT 5150 ROTARY INTERNATIONAL



# ROTARY SPOKE ROTARY CLUB OF REDWOOD CITY CALIFORNIA

"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

June 1, 1999

Volume 52 No. 46

SEQUOIA CLUB

#### **TODAY**

Sharon Williams, executive Director of OICW will tell us about the mission of her organization.

#### LOOKING AHEAD

June 8: Chris Ceci, a member of our GSE Team to Brazil, will tell us about this exciting adventure. The RCRWC was her sponsor and should be proud of the fact our candidate was successful in making the team.

June 15: Committee breakout session.

June 22: We will revel in the retirement, redact in the recusion and record the retrospect, all about "the year of the Fred". Soon to be Past Pres. Strathdee will be debunked in RCRWC style. The meeting will be the Annual Meeting of the Rotary Club of Redwood City. It will be a dinner meeting at Fabro's Restaurant no host cocktails commencing at 1800 (6:00 PM) with dinner at 1900.

June 29: City Councilman Colleen Jordan will speak on some important but little know subjects which are currently affecting Redwood City residents.

July 6: By then Pres. Jerry will give his optimistic speech about his ideas and goals for the coming year. We are sure Jerry will welcome input from the members.

July 13: Paul Shepherd of Cargill Salt will talk to us about the ecology of the bay, the participation of Leslie in the preservation of wetlands, landfill for runways and other salty subjects of interest to one of Redwood City's oldest established industries.

#### LAST WEEK

Pres. Fred called the meeting to order and PDG Bill, led us in singing *God Bless America* and *Smiles*; the Pledge was led by Bill Nicolet; Mike Clarke gave the invocation. Carol Ebner conducted a fine recognition session. The meeting then proceeded to our annual Scholarship Awards (see last week's *Spoke* for names of recipients).

The voting was conducted for the new Board of Directors. Linda Schmidt, Bill Nicolet Judy Cooper and Bill Conklin were elected to two year terms and Oscar Orozco was elected to fill Jackie Houle's unexpired one year term. Congratulations to those elected and to our club for selecting some new board members and returning some with previous experience to provide continuity.

#### HAWES READERS NEEDED

All are invited to help the reading program at Hawes. See Carol Ebner.

#### RECONCILIATION FOR BANK ACCOUNTS - REDWOOD CITY ROTARY

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#### BAY AREA BANK - General Account

BAY AREA BANK - General Account		
Balance 3/31/99	\$16,423.37	
Receipts	\$1,642.00	
Disbursements	\$2,454.17	
Balance 4/30/99	\$15,611.20	
BAY AREA BANK - Contributions Account		
Balance 3/31/99	\$15,390.18	
Receipts	\$3,953.27	
Disbursements	\$980.00	
Balance 4/30/99	\$18,363.45	
Dalance 4/30/99	\$10,303.43	
*00 do. C/D (	\$20,000,00	
*90 day C/D (matures 6/16/99)	\$20,000.00	
Accrued Int. thru 4/17/99	\$64.98	
A. G. EDWARDS - Charitable Trust Account		
Balance 12/31/98	\$15,571.47	
Dividends	\$4.47	
Market Value Change	\$121.02	
Disbursements		
Balance 3/31/99	\$15,696.96	
A. G. EDWARDS - Bostwick Scholarship		
Balance 12/31/98	\$31,770.83	
Contributions	\$1,900.00	
Earnings	\$60.30	
Market Value Change	\$105.93	
Disbursements	(\$1,000.00)	
Balance 3/31/99	\$32,837.06	
A. G. EDWARDS - Ray Wilson Scholarship	MMA Fund	
Balance 12/31/98	\$7,765.42	
Dividends	\$558.65	
Contributions		
Disbursements	(\$500.00)	
Balance 3/31/99	\$7,824.07	
A. G. EDWARDS - Ray Wilson Scholarship	Securities & Cash	
Balance 12/31/98	\$121,129.83	
Dividends		
MV Change	(\$631.68)	
Disbursements	(\$6060)	
Balance 3/31/99	\$120,498.15	
Balance 0/01/00	ψ120,100.10	
A. G. EDWARDS - Sibyl & Dave Schutz Scholarship Fund		
A. O. LOWANDO - Slbyi & Dave Schulz Scholarship Fulld		
Palance 12/21/09	\$20,810,03	
Balance 12/31/98	\$29,810.93	
Dividends	\$315.99	
MV Change	(\$214.63)	
Disbursements		
Balance 12/31/98	\$29,912.29	
	=========	
BALANCE OF ALL ACCOUNTS	\$260,808.16	

#### MAKE-UP OPPORTUNITIES

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ROTARY CLUB OF REDWOOD CITY

P.O. Box 2605 Redwood City, CA 94064

DISTRICT 5150 **ROTARY INTERNATIONAL** 



### The Works

OPPORTUNITIES INDUSTRIALIZATION CENTER WEST - SPRING 1999 NEWSLETTER

## Sell-Out Crowd Applauds Trainees at Breakfast of Champions XV

What do a world class athlete, a best-selling author and a welfare mom have in common? They are all motivational speakers at Breakfast of Champions XV, an inspirational fundraiser that celebrates the phenomenal success of OICW graduates.

Held on April 30th this year, OICW's annual breakfast has become an instant sell-out with supporters scrambling to get tickets. The draw is an emotional roller coaster ride fueled by the irreverent humor of Master of Ceremonies Jan Hutchins, the cutting-edge observations of management author Tom Peters, the insightful humor and funny faces of comedian Michael Pritchard, and the star power of football legend Bill Walsh.

People come to see basketball great Al Attles, 49ers stars Ronnie Lott and Coach Steve Mariucci, movie star Danny Glover and news anchors Suzanne Shaw and Rita Williams. But mostly, people come to hear stories of lives turned around, to see living proof that the human spirit can triumph over all odds. They come to applaud the success of OICW graduates whose new skills and winning attitudes propel them from the depths of poverty into successful careers. They want to hear the winning essay written by an OICW trainee in response to the United Airlines-sponsored contest, "Where I Want to Fly -And Why." They come to the Breakfast to become part of the high

energy created by people who are moving in the right direction.

Breakfast of Champions Awards are given to a successful OICW graduate, the Employer of the Year, and a Community Champion. This year, we are paying special tribute to Tom Ford, a major OICW supporter and a Breakfast of Champions co-chair who passed away unexpectedly in November last year.

Many companies and individuals gave their generous support to make this year's Breakfast of Champions a success. If you are one of them, our trainees join us in thanking you. Your support helps OICW trainees become Champions!

#### Adventures in Entrepreneurship

"I have a lot more confidence in myself," says Ismael Cardenas, age 16. "And I feel more responsible about my life because I know it's up to me to follow it through."

He's talking about his experience in OICW's Entrepreneurship and Employment Training Program (EETP). The program teaches at-risk teens the fundamentals of entrepreneurship and the global economy, while giving them practical business and computer skills for high-wage jobs or even to start their own businesses.

he EETP is a unique partnership between OICW, the Sequoia Union



EETP grad Jasmine Jackson

High School District, the Realizing Intellect through Self-Empowerment (RISE) program, and the Global Education Partnership (GEP).

Students purchase native handicrafts from EETP groups in Kenya and Guatemala, and then start "training" businesses to sell them. The products include fanny packs, batik cloths, bracelets, necklaces, statues and figurines, wallets and handbags.

Recently, EETP students set up stands in front of Whole Foods in Palo Alto and Safeway in Menlo Park and sold their wares to the public. In the process, they learned product presentation and customer service skills. At the end of the program, students form teams to create their own business plan, using the World Wide Web and (continued on page 2)

#### Adventures

(continued from page 1) Microsoft Word and Excel in the process. They present their business plans to a panel of Silicon Valley executives. The panel gives the team with the best plan a cash prize to help them start their business.

The EETP teaches students "to think critically about the global economy and their place in it," says Muki Izora, EETP instructor.

Students also learn how to write a résumé and cover letters, and how to use the internet to research job information. They participate in mock job interviews to practice presenting themselves to prospective employers. And through OICW's agreement with the Sequoia Union High School District, students can earn up to five high school credits by participating in the program. Last semester, all graduates earned the maximum five credits.

"It was a good experience," says Jasmine Jackson, 16. "[The EETP] taught us a lot of things we didn't know. . . The teachers explained things that were hard to understand in an easy way. It was easy for me to catch on."

The bottom line about the EETP, Mr. Izora says, is that "students learn a lot about themselves and their potential to determine their own destiny."



EETP Grad Ismael Cardenas

#### Looking in the Mirror: Re-Accreditation

Looking at yourself in a mirror can be a revealing experience. We began looking into our own re-accreditation mirror a year and a half ago.

OICW is a community-based job training and placement center, and also an accredited vocational school. Accreditation is an important measure of credibility because it's an earned status conferred by the accrediting agency, the Western Association of Schools and Colleges (WASC). That's the same group that accredits most schools in the Western United States and around the Pacific Rim, from high schools to Stanford University. Being accredited means that OICW maintains high standards

of excellence — an important consideration not only for the trainees who use our services, but for the employers who hire them and the donors and volunteers who contribute to our success.

We conducted a rigorous self-study process that involved half-day staff meetings,

focus groups, and intensive selfanalysis by all departments. As a result, we learned a great deal about what's working, and where we'd like to do even better. It took months of hard work by staff, volunteers and trainees, but re-accreditation is a natural expression of OICW's commitment to excellence.

We defined the four aspects of a successful trainee in our Expected Schoolwide Learning Results; distributed quality service questionnaires to trainees, graduates and employers; and developed an action plan. The results were compiled in OICW's Self-Study Report.

"The self-study process was a wonderful exercise for our staff and board," says Sharon Willian Executive Director. "It got our creative juices flowing."

OICW's Action Plan is our vision for the future. The Action Plan identifies four growth areas:

Client Assessment: Find new ways to evaluate our clients' needs faster and more comprehensively.

Basic academic and critical skills: Provide more training in basic academic and critical thinking skills to prepare trainees for long-term career success.

Technology: Continually upgrade

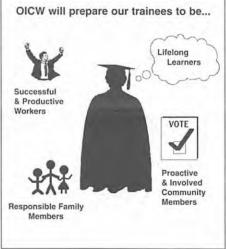
OICW's technological development to maintain excellent training and job placement opportunities, and to improve organization-wide information sharing from case management to financial data.

data.

Personal development and work maturity: Increase focus on helping

graduates develop positive attitudes and "soft skills" such as communication and problem-solving, that will enhance their long-term success.

Trainee and employer questionnaire responses confirmed that we already have much to be proud of at OICW. We appreciated the positive words of support, as well as the creative and constructive suggestions for improvement. Our re-accreditation process demonstrated that everyone at OICW is truly committed to excellence, as this survey response from a trainee shows: "Attending OICW is one the best things I've done in my life.



#### Culinary Arts is a Good Place for Fresh Starts

WARNING: Reading this article will make you hungry... and the only are is a gourmet meal from one of OICW's Culinary Arts classes!

Our students are cooking some of the best food anywhere, right here at

OICW's training center and at our Redwood City restaurant, MiMe's Cafe. When they complete their training, they take their new skills and their mouthwatering recipes with them to new jobs in the booming local restaurant industry. Restaurants are desperate for qualified workers to fill hundreds of job openings. Our graduates are more than qualified, thanks to our two-tiered training

program: basic hands-on training at MiMe's Cafe in Redwood City, and advanced ethnic cuisine at our inhouse Bell Ringer Cafe.

#### MiMe's Cafe

Students at MiMe's learn "all the fundamentals of working in a restaurant environment," says manager Martin Gomez. "They learn how a restaurant should be run."

That means they learn everything from "front of house" skills like waiting on tables to "back of house" skills like baking, grilling, and prep work.

During the ten-week course, trainees become familiar with every aspect of the restaurant's operations, including the basics of restaurant management. Workbooks and written tests reinforce the hands-on training. Because this training takes place in an actual restaurant, trainees gain the crucial on-the-job experience that employers demand.

Employers also get a quality mployee, says Mr. Gomez, because training at MiMe's

covers many different restaurant duties and cooking techniques. By the time they've graduated, he adds, trainees "are prepared for any kind of job at a restaurant." MiMe's graduates "have an enormous advantage



Trainees get hands-on experience at MiMe's Cafe

over someone who's just worked at one kind of restaurant job."

MiMe's is in downtown Redwood City at the old See's Candies location. When the store moved, See's CEO Chuck Huggins offered the space to OICW and Youth and Family Assistance to create a training restaurant together. The restaurant is named for the late wife of Mr. Huggins.

The breakfast menu at MiMe's includes fried eggs, omelets and skil-

Friday. In the next several months, look for MiMe's to offer an expanded dinner menu on Friday and Saturday nights.

The Bell Ringer
Trainees can bring their skills to an even higher level by going on to "graduate school" at OICW's in-house cafe, the Bell Ringer. Instructor Scott Brunson, a graduate of the California Culinary Academy, structures the training around the Bay Area's most popular ethnic cuisines, so that trainees are

the future."

prepared for a wide range of jobs in the Bay Area's diverse restaurant culture.

Mr. Brunson wants to teach trainees "a depth of food knowledge so that they can actually invent their own dishes and create the food trends of

lets, French toast and pancakes. The

lunch menu offers such delectables as

salad Nicoise with seared Ahi tuna.

homemade wood-fired gourmet piz-

zas, and a variety of delicious sand-

wiches served on bread baked daily at

MiMe's Cafe is located at

2050 Broadway in Redwood

City, and is open for breakfast and lunch from 7:30 a.m. to

2:30 p.m., Monday through

MiMe's.

During a ten-week training cycle, trainees learn how to cook classic dishes in French. Italian, Chinese, Spanish, Mexican, Cajun/Creole and Middle Eastern/Greek. Most of the sauces are made from scratch, which helps trainees understand the building blocks of flavor. And by learning such a wide range of cuisines, trainees also gain experience with many different cooking techniques, like

(continued on page 4)



Trainees serve up their gourmet creations at the Bell Ringer



#### **Culinary Arts**

(continued from page 3) roasting, braising, stewing, and pan-frying.

Trainees also learn basic nutrition, sanitation, food-handling safety, and food costing.

The Bell Ringer is open 11:30 a.m. to 1:00 p.m., Tuesday through Friday, and is available for private catering. A recent Northern French menu included sorrel soup, assorted canapés, duck à l'orange, coq au vin and terrine of veal and pork in puff pastry. Prices are very reasonable, and the food is delicious. Please come in and visit the Cafe so you can savor the results of this great program for yourself!



Trainees doing business at a Trainee Leadership Council meeting

#### A Word from the President of the Trainee Leadership Council

Five years ago, I was just getting out of jail and starting my life over at the age of 30. New to recovery, and having never really dealt with my family and children, I was faced with a new life. So off to school I went.

I can't say enough about my training experience at OICW. I went through the Culinary Program in 1995. I learned how to prepare foods from all regions of the world. I was lucky enough to get an internship at a catering company in Burlingame.

They liked me so much they hired me. Catering was the field I chose because I liked being creative, and I loved to decorate food. It's almost like art.

When I first came to OICW, I had set a goal of being able to earn \$15 per hour. Well, I achieved that goal, so in December 1998, I set a new goal. I returned to OICW and entered the Clerical class. I decided to make this second time at OICW even more meaningful than the first. So I volunteered to be class representative on the Trainee Leadership Council. At our first meeting we voted for officers. They elected me President, and I felt honored that my peers chose me to be the student leader.

The TLC is a committee made up of student representatives from each We meet every other class. Wednesday and discuss all current activities, community projects, and fundraisers. As President of the TLC, I am expected to be a role model for others, to be present at all meetings, to come to meetings with an agenda, and to run the meeting like a board meeting should be run. After I graduate from OICW, I'll finish up my BA degree next semester, and then go to law school. Some day I'd like to be on the Board of Directors of a large firm, so running the TLC meetings good (continued on back page)



Give less to your Uncle Sam...

by giving stock to your OICW family!



Reduce your capital gains tax and income tax by donating appreciated stock to OICW. You'll help people change their lives while you help yourself, too!

Please call Amanda Byrd at (650) 462-6307 for more information.

#### **Trainees of the Month: Giving 100%**



October Trainee of the Month Erika Guzman

OICW is proud of our trainees, and the Trainee of the Month Award is one way of showing it. Every month, our instructors nominate one outstanding trainee from each class. A committee judges the nominations to select the Trainee of the Month. The criteria are simple: to win, you must exemplify what employers look for in their employees. We look at attenlance, classroom performance, teamwork, and the ability to overcome obstacles and challenges.

Erika Guzman, October's Trainee of the Month, is a case in point. For four years she lived a dangerous life as a homeless drug addict on the streets of San Francisco. "Drugs give you this illusion of power," she recalls. "But in reality all I was doing was burning myself."

She decided to change her life and quit drugs. Then she heard about OICW and enrolled in the clerical program. OICW was an eye-opener for Erika. Being at OICW "reinforced in me the need to be in an environment that appreciated you for who you are," says Erika. She adds that the positive atmosphere at OICW is at least as important as the job training itself. "Whatever barriers I had, the staff at OICW did their best to help ne clear away those barriers."

Erika thrived in the clerical class and was elected President of the Trainee Leadership Council last fall. Now that she has completed her training, she's getting ready to enroll in college. And since the Trainee of the Month award goes to someone who will make an excellent employee, she's proving that she deserved the award: she's now the teacher for our Spanish-language Clerical Skills class on Saturdays!

Roger Rea has been working hard at turning his life around — and he was recently rewarded for his efforts by being named OICW's Trainee of the Month for November. Roger was living at Daytop Village, a drug abuse recovery program, when he learned about OICW from a friend there.

Because he had worked as a roofer, he chose OICW's Introduction to Construction Class. It was a great choice. Roger excelled in the construction class, and earned high marks for attendance, work skills, willingness to help others and an overall positive attitude. Still, he didn't expect to be named Trainee of the Month. It was "kind of a surprise, unexpected," he says. "But it gives me a good feeling of accomplishment."

Roger recently graduated from his class and plans to work in a union



November Trainee of the Month Roger Rea

apprenticeship. We know he's got the skills to succeed in the building industry, and to build a successful future for himself.

A year ago, Myriah Gau was living with her aunt in Monterey County, working in a low-wage job at a fast-food restaurant, and pregnant. She gave birth to a baby boy, Ravi, in June, and moved north.

She came to OICW to get her GED
— but she decided to stay when she
heard about our Certified Nurse
Assistant Program. "I've always



December Trainee of the Month Myriah Gau

liked the idea of helping other people," she says. "I like to help old people, like my grandfather, who was always there for me."

In the CNA class, Myriah learned how to take vital signs, how to feed, bathe and dress patients, how to perform CPR, and much more. Since starting training, she says, "I'm happier. . . I've enjoyed being here. It's a lot of fun."

Myriah feels that her time at OICW has prepared her for her chosen career, and she feels confident that she'll find a good CNA job. "Since I came to OICW," she says, "I've become more confident about myself, so I know I'll have a better chance of being (continued on back page)

#### President

(continued from page 4) practice. Being President of the TLC has reminded me that nothing is unreachable. I can now appreciate all the opportunities that are open to me.

Tami Kirk,

TLC President

#### Trainees of the Month

(continued from page 5) hired. Before I came here, I was withdrawn, but after I came here I really opened up." Now, Myriah is ready to take care of people who need her help—and she's taking care of baby Ravi's future, too.

When I came to OICW, I asked myself, How can these people, who don't even know who I am, reach out and give me so much? OICW gave me an opportunity to see what I could do, and I ran with it and haven't stopped running yet. Now I know what OICW stands for: Oh, I Can Win!

#### David Campbell, OICW electronics graduate



#### *IN THIS ISSUE...*

- ▶ Breakfast of Champions XV
- ► OICW Prepares for Re-Accreditation
- ► Culinary Arts Program
  Profile
- ▶ Trainee Leadership Council
- ▶ Trainees of the Month
- ▶ . . . and more!

**OICW WORKS!** 

OPPORTUNITIES INDUSTRIALIZATION CENTER WEST

1200 O'Brien Drive Menlo Park, CA 94025

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# ROTARY SPOKE ROTARY CLUB OF REDWOOD CITY CALIFORNIA

"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

June 8, 1999

Volume 52 No. 47

SEOUOIA CLUB

#### TODAY

Chris Ceci, a member of our GSE Team to Brazil, will tell us about this exciting adventure. The RCRWC was her sponsor and should be proud of the fact our candidate was successful in making the team.

#### LOOKING AHEAD

June 15: Committee breakout session.

June 22: The Annual Meeting of the Rotary Club of Redwood City. It will be a dinner gathering at Fabro's Restaurant; no host cocktails commencing at 1800 (6:00 PM) with dinner at 1900. The cost is \$40 per person. See Past Pres. Sam for reservations.

June 29: City Councilman Colleen Jordan will speak on some important but little know subjects which are currently affecting Redwood City residents.

July 6: By then Pres. Jerry will give his optimistic speech about his ideas and goals for the coming year. We are sure Jerry will welcome input from the members.

July 13: Paul Shepherd of Cargill Salt will talk to us about the ecology of the bay, the participation of Leslie in the preservation of wetlands, landfill for runways and other salty subjects of interest to one of Redwood City's oldest established industries.

#### LAST WEEK

Pres. Fred called the meeting to order and PDG Bill, led us in singing America and Smiles; the Pledge was led by Past Pres. Bob Rutherford; Hal Hads gave the invocation. Pres. Fred filled in as fine/recognition master. Fred recognized almost everyone in the room, great for swelling the coffers of our Club Foundation.

Our program was given by Sharon Williams, a Rotarian from the Bayshore Club. Sharon updated us about the happenings at Opportunities Industrialization Center West (OICW). This is one of the best job training programs in the country. The Center is stressing more than just putting people from "welfare to work", it is training people t fill the need for high quality high paying careers. The program "Beyond Success" brings clients to jobs with starting levels of \$40,000 or more.

#### HAWES READERS NEEDED

All are invited to help the reading program at Hawes. See Orley Anderson for details. (Ed. note-Carol Ebner will take over the Program in September. Contrary to the impression given in last weeks *Spoke*, Orley will continue to be head honcho until then.)

## Rotary Community Corps works wherever needed

The recently renamed Rotary Community Corps (RCC) program has always been intended as a way for Rotarians to organize groups of dedicated non-Rotarian volunteers to assist needy communities everywhere. But under its former name — Rotary Village Corps/Rotary Community Service Corps—the program inspired most of its efforts in rural areas of developing countries. Successful projects in industrialized nations and cities have shown, however, that any community in need of help can benefit from the presence of an RCC.

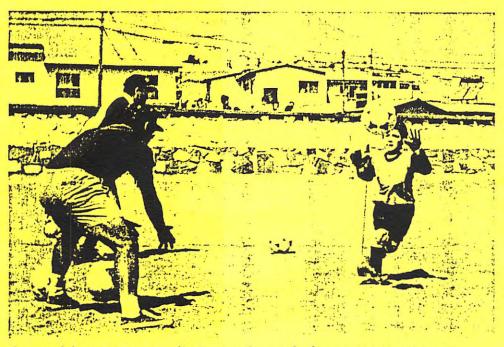
The Rotary Club of Towanda, Pennsylvania, U.S.A., organized the Albany Area Rotary Community Corps to help spur change in a community that had become one of the poorest in the state after losing its major employer. "It was down, but not quite out," said David R. Ellwell, the Rotarian who helped organize the corps in 1996.

What was originally a group of 14

volunteers has grown to more than 30. For their first project, they renovated a park. But, according to Ellwell, the corps has a positive impact on the community throughout the year by sponsoring annual events such as a fall foliage festival, a teen dance, and a kids' fishing derby. "They bring some cohesion to the community," he said, "and more pride."

In Antofagasta, a city in Chile, the Rotary Club of Antofagasta initiated a Rotary Community Corps in 1993 called Rotavida, a soccer school for children aged 5-13. Former soccer players coach the kids while local businesses provide uniforms and other supplies. Rotavida's slogan is "No to drugs and alcohol, yes to life."

Club members report that informal polls have shown that the community is showing enthusiasm for starting other RCC projects that involve such activities as ceramics-making and gardening.



An aspiring young goalie is put through the paces as part of Rotavida, a Chilean Rotary Community Corps that sends the message, "No to drugs and alcohol, yes to life."

#### MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

BURLINGAME-Holiday Inn Crown Plaza 12:15

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PENINSULA SUNRISE-Pete's Harbor 7:30 am
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SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Mel Mello Center for Arts 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-Sharp Park Restaurant, SP Golf Club 7:15 am
STANFORD AREA-Mac's Tea Room Los Altos) 7:15 pm

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WOODSIDE-PORTOLA VALLEY Woodside Church 7:30 am
CUPERTINO-Quinlan City Center 12:15

DALY CITY-Hungry Hunter 12:15

S.F. WEST-Lakeside Cafe 7:30 am

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Menlo Park Rec Ctr. 12:00
SANTA CLARA WEST-Mariani's Restaurant 12:14
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FISHERMAN'S WHARF-Franciscan Restaurant 7:30 am

PALO ALTO/BAYSHORE-Scott's 7:15 am
LOS ALTOS-Piccolo Mondo Restaurant 12:00
SANTA CLARA-Mariani's Restaurant 12:15
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SAUSALITO-Alta Mira Hotel 12:15
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SARATOGA-Community Center 12:00
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TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Jackie Houle

#### ROTARY CLUB OF REDWOOD CITY

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Jerry Mertens
President Elect
Judy Cooper
Past President

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Term expires 6/30/00

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Orley Anderson Joe Dombek Linda Schmidt Ann Langley

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MARY JANNEY GOVERNOR, DISTRICT 5150 Bulletin Editor: Bill Conklin

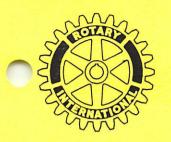
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DISTRICT 5150
ROTARY INTERNATIONAL



## ROTARY SPOKE ROTARY CLUB OF REDWOOD CITY

"He Profits Most Who Serves Best"

CHARTERED APRIL 22, 1946 DISTRICT 5150

CALIFORNIA

June 15, 1999

Volume 52 No. 48

SEQUOIA CLUB

#### **TODAY**

Committee breakout session. The year is winding down and we scramble to finish this year's projects while leaping forward toward the planning of the next.

#### LOOKING AHEAD

June 22: The Annual Meeting of the Rotary Club of Redwood City. It will be a dinner gathering at Fabbro's Restaurant; no host cocktails commencing at 1800 (6:00 PM) with dinner at 1900. The cost is \$40 per person. See Past Pres. Sam for reservations. This is one of our "not to be missed" meetings and we should have 100% attendance.

June 29: City Councilman Colleen Jordan will speak on some important but little know subjects which are currently affecting Redwood City residents.

July 6: By then Pres. Jerry will give his optimistic speech about his ideas and goals for the coming year. We are sure Jerry will welcome input from the members.

July 13: Paul Shepherd of Cargill Salt will talk to us about the ecology of the bay, the participation of Leslie in the preservation of wetlands, landfill for runways and other salty subjects of interest to one of Redwood City's oldest established industries.

#### LAST WEEK

Pres. Fred called the meeting to order and PDG Bill, led us in singing My Country 'tis of Thee and Smiles; the Pledge was led by Don Gibson; Hal Hads gave the invocation; filled in as fine / recognition master. Everyone in the room felt the honor of donating to our Club Foundation.

Our program was given by Chris Ceci, a member of our GSE Team to England a year ago. Chris showed pictures of the trip, proving the old adage that a picture is worth a thousand words. Everyone was envious of the one Rotarian who was chosen to lead the trip. The RCRWC was Chris' sponsor and should be proud of the fact our candidate was successful in making the team.

#### SINGAPORE CONVENTION

The Rotary International Convention in Singapore is winding down. This is the 90th convention of RI and is being held virtually on the equator, a half world away.

#### DGN MIKE FISH

When he returns from Singapore, Mike will hit the ground running. He already has shown computer literacy, sending hundreds of E-mails around the District to presidents, governors and Secretaries.

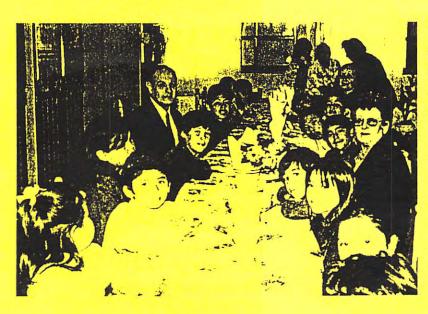
## Rotary spotlights the needs of at-risk children worldwide

The needs of homeless, abused, neglected, and other troubled children will be highlighted for the next three years as the result of a new RI emphasis adopted by the RI Board at its February meeting. The emphasis on children at risk will encourage Rotarians worldwide to focus their attention and resources on this especially vulnerable population.

Currently, many Rotary clubs are already working to provide education, housing, and a safe, secure environment for needy children worldwide. Street children are a key group receiving Rotary service. In Egypt, the Rotary Club of Cairo-Cosmopolitan funded the development of a greenhouse that is operated by street children trained by a local center. In Venezuela, the Rotary Club of Prados del Este and its spouses' committee have adopted some homeless children and built a foster house for them on the outskirts of Caracas, far from the dangerous streets they once called home.

Other Rotary clubs are addressing emotional problems suffered by children. District 1030 in England produced a series of booklets called "Coping With Life," designed to help young people deal with bullying, stress, the effects of crime, and family breakdown. The district is also creating CD-ROM programs based on the booklets, all of which clubs are donating to local schools and libraries.

In Ontario, Canada, the Rotary Club of Hamilton "A.M." is addressing the difficult problem of sexual abuse of children. The club supported the production of a video called "Touching," which is the centerpiece of the Step by Step Prevention Program designed to help children understand their right to say "no" to unwelcome touches.



Children prepare for a meal at a daycare center in Argentina, sponsored by the Rotary Club of San Fernando, Catamarca. The center serves 40 children from low-income families. Joining the children are District 4810 Governor Edgardo A. de Luca and Rotarians' spouses.

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DISTRICT 5150 ROTARY INTERNATIONAL



# ROTARY SPOKE ROTARY CLUB OF REDWOOD CITY CALIFORNIA

"He Profits Most Who Serves Best" CHARTERED APRIL 22, 1946 DISTRICT 5150

June 29, 1999

Volume 52 No. 49

SEQUOIA CLUB

# FAST FREDDIE'S FABULOUS FINAL FORAY

#### **TODAY**

THE END OF AN ERA. Soon 2B Past Pres. Fred will hold his lame duck meeting today. Perhaps, our City Councilman Colleen Jordan will bail him out by speaking on some important but little know subjects which are currently affecting Redwood City residents.

#### LOOKING AHEAD

July 6: By then Pres. Jerry will give his optimistic speech about his ideas and goals for the coming year. We are sure Jerry will welcome input from the members.

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#### LAST WEEK

Past Pres. Judy called the meeting to order and PDG Bill, led us in singing our National Anthem and *Smiles*; the Pledge was led by Past Pres. Bill Bergler; Claudia Keys gave the invocation. Past Pres. Sam performed admirably as fine/recognition master. Sam found almost everyone in the room, great for swelling the coffers of our Club Foundation. Pins were passed, speeches were made, gifts were given, officers and directors were installed and a great dinner was eaten. Once all the mundane was over we de-installed Fred as President. A litany of little known facts rolled forth from such friends and acquaintances as Professor Ima D. Bunker (Past Pres. Bill Bergler), Nerdo Nerdman (Past Pres. Greg Roos), Chef Jean de la Carton (Michael Clarke), Speed Racer (Bill Nicolet) Sergeant Major Drummer (Caroline Rutherford), Jives the Butler, a Gentleman's Gentleman (Norman Fenton, MD), and narrator PDG Bill.

Once again Pres. Fred could not keep his gavel. The Club presented Fred with a plaque with a gavel attached and an inscribed brass memento. The plaque no sooner hit the table and the purloiner of gavels ripped off the bell ringing tool. Forgetful Freddie never even noticed until he was ready to leave for home.

Immediate Past Pres. Judy, with the help of Past Pres. Sam, and a great committee, did an outstanding job of bringing this annual celebratory event to fruition. Everything was right from the initial libations to the food to the flowers (won by Past Pres. Pete Hughes). BRAVA JUDY!

#### Nonagenarian values Rotary

The resilience of Rotary in Central Europe, where an RI presidential conference was held in March, is epitomized by a veteran of German Rotary's pre-war founding years, 95-year-old Walter Meinecke, of the Rotary Club of Hannover, Germany.

Meinecke became a member in 1935 of the Rotary Club of Breslau in the eastern part of Germany, which, like all the country's clubs, was dissolved in 1937. In the post-war era, Breslau became the Polish city of Wroclaw.

Meinecke later joined a "club of friends" which became the Rotary

Club of Hannover when Rotary was reinstated in Germany in 1947. He served as secretary of the first German district conference in Bad Harzburg and filled an array of club and district posts, taking particular interest in the Group Study Exchange and Ambassadorial Scholar programs. Eventually he became governor of District 1800.

While age has slowed his activity, it has not dimmed his enthusiasm for Rotary. After 64 years, "Rotary has become an integral part of my life," Meinecke said.

†	Anderson, Orley H Paint Industry, Consultant	11/88
+	Anisman, Melvin (Mel) - Real Estate, Invest Manage.	3/84
*		1/80
	Armstrong, Msgr. Peter G. (Pete) - Honorary	1700
	Atherly, LaVerne F. (Verne) Employee Benefits	
K	Azem, Rosemary - Travel Agent	4/91
+*	Bergler, Harold Wm. (Bill) SA (Funeral Direct)	9/68
	Boland, Robert A. (Bob) - Law Practice, Real Property	4/87
+*	Bostwick, Dr. Alan M. (Alan) - SA (Adult Ed.)	10/52
- 1	Clarke, Michael - Gourmet Foods	1/96
1+4		
	Conklin, William (Bill) - SA (Law, Business)	5/78
*	Cooper, Judith (Judy) - Facilities Management	3/92
+*	Dafnis, Sam V. (Sam) SA (Building Maintenance)	4/81*
†	Delfs, Thomas E. (Tom) - Property Investments	9/87
1	Devincenzi, Daniela (Dani) - Bank Marketing	10/90
†	Dodge, Richard A. (Dick) SA (Office Supplies)	11/78
	Dombek, Joe - Investment Broker	6/92
+*	Dooley, Robert E. (Bob) - SA (Finan Planning)	12/74
	Doss, Robert (Bob) - Dental Lab	7/92
+*	Durkin, Dennis J Law, General Practice	10/84
†*	Durkin, Robert W. (Bob) - Honorary	9/70
	Ebner, Carol - Lumber Yard Management	6/95
	Egigian, Barbara-PAL Grant Manager	4/98
	Fabbro, Frank J Real Estate Appraiser	2/95
	Fenton, Dr. Norman R. (Norm) - Physician, Gyn.	4/89
		47 09
	Gibson, Don Computer Networking	2 10 6
	Giari, Mike - Port Management	3/96
	Hack, Donald (Don) SA (Paving)	9/78
	Hads, Hal - Social Ministries	10/98
†	Haga, Roland N.V Engineering, Civil	2/86
†	Hodgson, Peter (Pete) General Contractor	1/84
	Horsley, Don - Law Enforcement, Sheriff	5/85
	Houle, Jacqueline A Preventive Health Care	5/96
+*	Hughes, Peter I. (Pete) SA (Plastics Fabrication)	5/73
	Ira, Jeff - CPA	2/96
L.		
7	Keys, Claudia - Foundation Director	8/95
	Langley, Ann Ph.D. Marriage Family Therapist	2/97
	Lowe, John Financial Consultant	11/96
	McEvoy, John - Development Director	10/96
†	Mertens, Jerry W. SA (Chemicals, Wholesale)	4/80
+*	Mikulic, Dr. Stephen A. (Mik) - Dentistry	7/86
1		
	Mitchell, Delbert (Del) - SA (Shoe Retailing)	3/55
	Morey, Melanie - Nonprofit-Youth Services	10/98
Ť	Newell, James W. (Jim) - SA (CPA)	2/65
	Nicolet, William E. (Bill) - Mechanical Engineer	2/97
	Orozco, Oscar Sr. Bank Administrator	0.000
+*	Parcell, Frank C., Jr SA (Air Conditioning)	4/63*
1		
2.7	Raddavero, Mario - Food Services, Catering	7/87
<b>†*</b>	Roos, Dr. Gregory M. (Greg) Dentistry, Add. Active	4/89
	Rosenwasser, Marie - Education	1/96
+*	Rutherford, Robert E. (Bob) - SA (Marine Ecology	6/76
4	Ryan, Michael R. (Rhino) - Religion, Covenant	11/89
	Santilena, John J. Sales Training/Consulting	11,07
		11/01
	Schmidt, Linda A Banking, Loans	11/91
<b>†</b> *	Schricker, David E. (Dave) - SA (Muni. Govt, Law)	9/68
†*±	Schutz, David N. (Dave) - Honorary	4/46
*	Souza, Joseph (Joe) - Honorary	5/68
	Strathdee, Frederick R. (Fred) SA (Architecture)	10/81
+		
†	Summey, Lemuel (Lem) - SA (County Gvmt, Law)	5/73
	Thompson, Guy - Automobile	2/86
	Thompson, Thomas (Tom) - Const Mktg.	10/98
	Young, Dr. Paul L Honorary	6/65

#### **MAKE-UP OPPORTUNITIES**

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WEDNESDAY

WOODSIDE-PORTOLA VALLEY Woodside Church 7:30 am CUPERTINO-Quinlan City Center 12:15 DALY CITY-Hungry Hunter 12:15 S.F. WEST-Lakeside Cafe 7:30 am FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Menlo Park Rec Ctr. 12:00
SANTA CLARA WEST-Mariani's Restaurant 12:14
THURSDAY

FISHERMAN'S WHARF-Franciscan Restaurant 7:30 am

PALO ALTO/BAYSHORE-Scott's 7:15 am
LOS ALTOS-Piccolo Mondo Restaurant 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Foster City Holiday Inn 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Basque Cultural Center 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Sheraton - 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

Term expires 6/30/99

For other make-up opportunities see Jackie Houle

#### ROTARY CLUB OF REDWOOD CITY

Officers for 1998-99

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FRED STATHDEE

President

Jerry Mertens President Elect Judy Cooper Past President Jackie Houle Secretary

Linda Schmidt

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Term expires 6/30/00

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PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P.O. Box 2605 Redwood City, CA 94064

DISTRICT 5150 ROTARY INTERNATIONAL

CELEBRATION OF FRED Men Armstrong Arthread from subolt

Narrator: (very serious) Normally we would, at this time, do a debunking of our outgoing President Fred. However this year we thought we would change the format. Instead of a debunking "roast" of Outgoing President Fred we are going to do a celebration of Outgoing President Fred.

To start our celebration we have enlisted the aid of several, compassionate, kind-hearted, caring friends and associates of Outgoing President Fred to regale you with some highlights of Fred's life and of his year as President of the Rotary Club of Redwood City.

May I introduce Professor Ima Bunker of the School of Architecture at the University of California.

Prof. Bunker: Why I remember Freddie, boy, do I remember Freddie! He came to us from UCLA, but we didn't hold that against him for too long. He professed that he was a real Bear, however we know that he was a closet Bruin and always rooted against Cal and for UCLA. Well any way we gave him a degree in architecture and Aglood in Hawall kicked him out the door to face the world.

Narrator: May I now introduce Freddie's old college chum Nerdo Nerdman.

Nerdo Nerdman: Fred you old dog! Good to see you after all these years. Why I remember how Fred and I would sit and have fun night after night solving math problems. Fred was great. He really enjoyed his math. Sometimes we would try to get Fred a date, but he would always turn us down. He wanted to stay at home

Russia

working out math solutions. And he's a history buff. Why I understand that even now Fred can be found all excited over the History Channel. Why you can go to his house almost any night and find Fred asleep in front of the TV with some exciting story about the 13th Century right there on the tube. Now that is if Fred is awake. Most of the time he is sleeping ----- and you should hear him snore. Why he can suck the draperies right off the windows. He's been known to even suck Esther's Velcro curlers off her head and stick them to his beard.

Narrator: Fred seems to renowned for his gourmet tastes. We have asked Chef John De La Carton to tell us about Fred's penchant for food.

Straw

Chef John De La Carton: Freddie is unique in the world of fine food. I have never found anyone that loves food as he does. Meat, meat, meat all he ever thinks about is meat. You know Freddie some green veggies would be good for you. You should try some. But, I digress. Freddie loves Nuts (seems appropriate), chocolate snacks, jelly beans, caramel corn, animal crackers, cheese balls and of all things, gourmet Neccos! Freddie loves to eat out, McDonalds, Jack in the carton, Carl's Jr. and Arbies. He complains that he never has time to finish a meal at Rotary.

<u>Narrator:</u> Fred love Cars. He loves Nascar. We have, at absolutely no expense, brought from Hollywood, Speed Racer to tell us a little about Fred's love of racing.

Irish

Speed Racer: Fred is wild behind the wheel. He transforms from Mild mannered architect to Mr. Wheeler. He's a terror. It's a good thing he isn't on the circuit, they wouldn't stand a chance. Why Fred can change a tire all by himself in less than ten minutes, --- on highway 17 --- on the outside next to traffic. Eat your heart out Roger Petty, Mario Andretti, Rete Held. Fred is so into NASCAR that he has a Mark Martin car phone in his drafting room. He wears a Mark Martin hat. He plays Mark Martin NASCAR Monopoly. Probably wears Doc Martin boots.

Bellet

BELL HAND BELL

Fred loves music. Growing up in a Salvation Army family it is Narrator: impossible to not love army marching. We brought his former drill instructor Sergeant Major Drummer to tell us about Fred's musical inclinations.

LINDA SCHMIDT.

Sergeant Major Drummer: Well you should hear Fred on the Trombone. For you old timers, he is a reincarnation of George Chaffey. But, Fred's musical heritage goes back even further than George's. Fred's father before him and his grandfather before that played the trombone in the Salvation Army concert bands. Why even now you might hear Fred sitting and playing that haunting melody from his favorite song Midnight at the Oasis, 'course he does this while eating his favorite desert Blue Berries.---Or if it's morning, blueberry muffins.

Narrator: We tried to find some personal items about Fred and didn't know where to look, when someone suggested his personal butler, his man's man, so we brought Jives the Butler to tell us about the personal, sensitive Fred>

Bowles

Jives the Butler: Well Mr. Frederick is devoted to his family. (Brit. dialect) He has two dogs, Wickie and Mollie, that seem to return his unbridled affection for them, Of course you know the saying about dumb animals. He seems to have become attached somewhat to his new grandchild, Arianna, who I must admit is a bit cute, however, makes messes and spits up, a baby you know. Nevertheless Mr. Frederick goes so far as to change the tike's diapers, one task he has not had the effrontery to ask me do for him. He seems to have a certain affection for his wife and sons as well. I understand he is even taking Esther on his vacation with him this year. Americans do the strangest things. His son is being married in Sweden However, Le made a gre and I reckon that he felt obligated to take her along. His opprearance as a sage, will leader,

Narrator: Well we almost forgot to mention Fred's year a Rotary President. Not to war all worry not much happened in Fred's year a President. said it all in her poem

#### Notes on Freddie Ralph Strathdee:

Loves snacks. Has quite a collection at his drafting table:

- -nuts
- -chocolates
- -Jelly Bellys
- -candy corn
- -Animal Crackers
- -cheese balls
- -Neccos

Loves NASCAR racing.

- -Has a Mark Martin car phone in his drafting room.
- -Has a Mark Martin hat.
- -Plays NASCAR Monopoly.
- -Loves to drive.

Loves meat. Family joke: Make Fred happy - give him the remote and a bowl 'o meat!

Listens to talk radio while drafting.

#### Likes:

- -The Simpsons
- -Newsradio
- -UCLA Football

Graduated from Berkeley but his heart belongs to UCLA.

Loves to eat out but hasn't had one full meal at Rotary since he has been President! It kills him!

Loves his new granddaughter - Arianna. Feeds her, walks her, and even changes her! She has been at our house on overnights every Friday since she was 3 weeks old.

Youngest son Brian is getting married in Sweden in August. So, we'll be vacationing in Europe for 3 weeks.

Born in Puunane, Maui, Hawaii.

Thesis a start!

Quat, lessee

Merica mare.

me

#### Notes on Freddie Ralph Strathdee:

Watches History Channel.

Loves amusement parks and always heads for the roller coasters.

Thinks math is fun!

✓ Can change a tire on Highway 17 in 10 minutes.

Has played the trombone since Junior High School. Played in The Salvation Army concert bands. His dad and father-in-law also played trombone in The Salvation Army concert bands.

✓ Hates the song "Midnight at the Oasis" by Maria Muldaur. Really hates it!

Can't stand blueberries in any form!

Has 2 dogs - Wickie (Pekapoo) amd Mollie (Llasapoo). They are his best friends when he is eating cause they always get snacks from him.

He snores! Sucks the drapes off the windows. Or..sucks the velcro curlers out of Esther's hair and wakes up with the curlers stuck to his whiskers....

#### "SERVICE ABOVE SELF"

ROTARY CLUB
OF
REDWOOD CITY

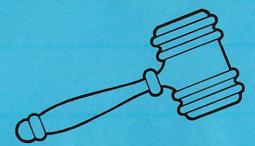
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**DISTRICT 5150** 

**ROTARY INTERNATIONAL** 



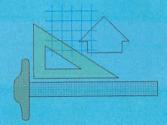
ROTARY CLUB
OF
REDWOOD CITY



INSTALLATION AND DEBUNKING

JUNE 22, 1999 FABBRO'S RESTAURANT

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SAKUENI AT AKMS

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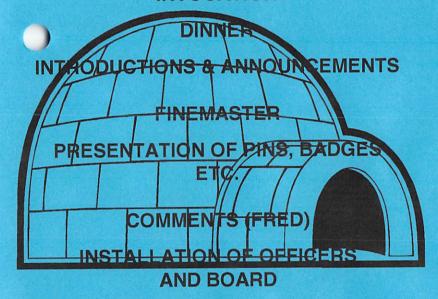
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JUNE 22, 1999 WELCOME

SONG

PLEDGE OF ALLEGIANCE

INVOCATION



COMMENTS (JERRY)

DEBUNKING PROGRAM

CLOSING COMMENTS (JUDY)